

Contents

Acknowledgments	ix
Introduction	1
1 Welcome to the Power Years	5
2 New Ways to Have Fun	25
3 Rediscovering and Forging Vital Relationships	49
4 Creating Your New Dream Job	81
5 Lifelong Learning Adventures	115
6 Where and How to Live	147
7 Achieving Financial Freedom	179
8 Leaving a Legacy	211
Authors' Note	237
Notes	239
Index	243

