

Contents

List of Maps	vi
---------------------	----

What's New in Maui	1
---------------------------	---

<i>Smoke-Free State</i>	3
-----------------------------------	---

1 The Best of Maui	4
---------------------------	---

1 The Best Beaches	4	7 The Best Moderately Priced Accommodations	13
2 The Best Maui Experiences	5	8 The Best Bed & Breakfasts	14
3 The Best Adventures	8	9 The Best Resort Spas	16
4 The Best of Underwater Maui	10	<i>Pampering in Paradise</i>	17
5 The Best Golf Courses	11	10 The Best Restaurants	18
6 The Best Luxury Hotels & Resorts	12	11 The Best Shops & Galleries	21

2 Planning Your Trip to Maui	23
-------------------------------------	----

1 The Island in Brief	23	10 Specialized Travel Resources	51
2 Visitor Information & Maps	27	11 Sustainable Tourism/Ecotourism	55
<i>What to Pack</i>	28	12 Getting Married on Maui	56
3 Entry Requirements	29	13 Staying Connected	57
4 When to Go	30	<i>Frommers.com: The Complete Travel Resource</i>	57
<i>Maui, Molokai & Lanai Calendar of Events</i>	32	14 Packages for the Independent Traveler	59
<i>Ongoing Events</i>	35	<i>Ask Before You Go</i>	60
5 Getting There	38	15 Special-Interest Trips	60
<i>The Welcoming Lei</i>	40	<i>Fun for Less: Don't Leave Home without a Gold Card</i>	62
<i>Getting Through the Airport</i>	41	16 Getting Around Maui	63
6 Money & Costs	43	17 Tips on Accommodations	65
7 Travel Insurance	45	<i>What If Your Dream Hotel Becomes a Nightmare?</i>	66
8 Health	46	<i>Fast Facts: Maui</i>	69
<i>Don't Get Burned: Smart Tanning Tips</i>	47		
9 Safety	50		

3	Suggested Itineraries	76
1	A Week on Maui	76
2	Two Weeks on Maui	78
3	Maui with Kids	80
4	Maui for the Adventurous	82
5	A Week on Molokai	84
6	A Week on Lanai	86
4	Where to Stay	88
1	Central Maui	88
2	West Maui	89
3	South Maui	106
4	Upcountry Maui	118
5	East Maui: On the Road to Hana	122
6	At the End of the Road in East Maui: Hana	126
5	Where to Dine	130
1	Central Maui	130
	<i>Roselani: Maui's Best Ice Cream</i>	132
2	West Maui	134
	<i>Chef McDonald Has a Farm, E-I-E-I-O</i>	141
	<i>The Tiki Terrace</i>	144
3	South Maui	147
4	Upcountry Maui	154
5	East Maui: On the Road to Hana	156
6	At the End of the Road in East Maui: Hana	160
6	Fun on & off the Beach	161
1	Beaches	161
2	Watersports	167
	<i>An Expert Shares His Secrets: Maui's Best Dives</i>	172
3	Hiking & Camping	177
	<i>A Different Viewpoint: Zipping Over the Forest Canopy</i>	179
4	Great Golf	184
5	Biking, Horseback Riding & Other Outdoor Activities	187
7	Seeing the Sights	190
1	By Air, Land & Sea: Guided Island Adventures	190
	<i>Especially for Kids</i>	191
2	Central Maui	192
3	Lahaina & West Maui	194
	<i>Ho'omana'o: Step Back in Time to Old Hawaii</i>	195
	<i>Where to Park for Free—or Next to Free—in Lahaina</i>	199
	<i>Walking Tour Historic Lahaina</i>	199
4	South Maui	206
5	House of the Sun: Haleakala National Park	208

6 More in Upcountry Maui	213	8 The End of the Road: Heavenly Hana	221
7 Driving the Road to Hana	214		

8 Shops & Galleries 228

1 Central Maui	228	3 South Maui	237
<i>Maui's Own: Ocean Vodka</i>	231	4 Upcountry Maui	238
2 West Maui	232	5 East Maui	240

9 Maui After Dark 243

<i>The Best Place in the World to See a Movie</i>	244	2 Kihei-Wailea	248
1 West Maui: Lahaina, Kaanapali & Kapalua	244	3 Upcountry Maui	249
<i>It Begins with Sunset</i>	246	4 Paia & Central Maui	249
		<i>Watch for the Green Flash</i>	250

10 Molokai, the Most Hawaiian Isle 251

1 Orientation	254	<i>Frommer's Favorite Molokai Experiences</i>	270
<i>The Island in Brief</i>	255	8 Golf & Other Outdoor Activities	272
2 Getting Around	256	9 Seeing the Sights	274
3 Where to Stay	256	<i>Especially for Kids</i>	275
<i>Believe It or Not: High-Priced Camping</i>	261	<i>Halawa Valley: A Hike Back in History</i>	280
4 Where to Dine	262	10 Shopping	281
5 Beaches	266	<i>The Perfect Molokai Souvenir</i>	283
6 Watersports	267	11 Molokai After Dark	284
<i>Molokai's Best Snorkel Spots</i>	268		
7 Hiking & Camping	269		

11 Lanai, a Different Kind of Paradise 285

1 Orientation	287	<i>Frommer's Favorite Lanai Experiences</i>	296
2 Getting Around	289	6 Watersports	297
3 Where to Stay	289	7 Hiking & Camping	298
4 Where to Dine	292	8 Golf & Other Outdoor Activities	299
5 Beaches	295		

9 Seeing the Sights	300	10 Shopping	303
<i>Especially for Kids</i>	301	11 Lanai After Dark	305

Appendix: Maui in Depth 307

1 History 101	307	4 Recommended Reading	318
2 Maui Today	311	5 Life & Language	320
3 The Natural World: An Environmental Guide to Maui	312	6 A Taste of Maui	322

Index 327

General Index	327	Restaurant Index	339
Accommodations Index	337		

List of Maps

Maui	6	Where to Dine in Lahaina & Kaanapali	135
A Week on Maui	77	Where to Dine in South Maui	149
Two Weeks on Maui	79	Upcountry & East Maui Dining & Attractions	155
Maui with Kids	81	Beaches & Outdoor Activities	162
Maui for the Adventurous	83	Lahaina	196
A Week on Molokai	85	Walking Tour: Historic Lahaina	201
A Week on Lanai	87	Haleakala National Park	209
Where to Stay in Lahaina & Kaanapali	91	The Road to Hana	216
Where to Stay & Dine from Honokowai to Kapalua	101	Hana	223
Where to Stay in South Maui	107	Molokai	253
Where to Stay in Upcountry & East Maui	119	Where to Stay & Dine on Molokai	257
		Lanai	287