

Contents

Foreword,	vi
Preface,	vii
Acknowledgements,	viii
1 Diagnosing Diabetes,	1
2 Types of Diabetes,	5
3 Helping People Live with Diabetes,	8
4 Early Detection and Prevention of Diabetes,	12
5 Cardiovascular Disease,	19
6 Management of Blood Glucose in Type 2 Diabetes,	25
7 Hyperglycaemic Emergencies and Management of Diabetes in Hospital,	31
8 Insulin Therapy,	34
9 Hypoglycaemia,	37
10 Self-Management of Diabetes,	40
11 Surveillance for Complications,	47
12 Kidney Disease in Diabetes,	51
13 Eye Disease in Diabetes,	58
14 The Diabetic Foot,	64
15 Diabetic Neuropathy,	72
16 Psychological Issues Related to Diabetes Care,	75
17 Diabetes and Pregnancy,	80
18 Organisation of Diabetes Care in General Practice,	88
19 New and Emerging Therapies for Diabetes,	93
20 Support for People Living with Diabetes,	97
Index,	101