

Contents

FOREWORD BY SCOTT M. STANLEY	<i>v</i>
SPECIAL THANKS	<i>vii</i>
INTRODUCTION	<i>ix</i>
THE MARRIAGE QUIZ	<i>xi</i>
<i>Chapter 1</i> How Will I Know I Am in Love?	<i>1</i>
<i>Chapter 2</i> Learning to Dance	<i>5</i>
<i>Chapter 3</i> Character in Love and Marriage	<i>9</i>
<i>Chapter 4</i> It's the Little Things That Matter	<i>13</i>
<i>Chapter 5</i> Nicknames: The Private Code for Love	<i>17</i>
<i>Chapter 6</i> And Then . . . Along Came Kids	<i>19</i>
<i>Chapter 7</i> Seven Surprising Secrets #1: It Takes Two to Tango	<i>33</i>
<i>Chapter 8</i> Seven Surprising Secrets #2: No Sacred Cows	<i>65</i>
<i>Chapter 9</i> Seven Surprising Secrets #3: The Golden Rule	<i>105</i>
<i>Chapter 10</i> Seven Surprising Secrets #4: Your Body Is Your Castle	<i>135</i>
<i>Chapter 11</i> Seven Surprising Secrets #5: Filing a Joint Return	<i>167</i>
<i>Chapter 12</i> Seven Surprising Secrets #6: The Loving Touch	<i>187</i>
<i>Chapter 13</i> Seven Surprising Secrets #7: Beyond Boring	<i>205</i>
<i>Chapter 14</i> Seven Secrets to Avoiding the Seven-Year Itch	<i>223</i>
<i>Chapter 15</i> The Stress Test	<i>227</i>
<i>Chapter 16</i> Marriage as a Torch Red Convertible	<i>245</i>
<i>Chapter 17</i> A Tribute to Lasting Love	<i>259</i>
<i>Chapter 18</i> Failure Is an Option	<i>263</i>
<i>Chapter 19</i> Reflections on Love and Marriage	<i>273</i>
APPENDIX	<i>277</i>
The Benefits of Marriage	<i>278</i>
A Seven-Week Program for Developing Ongoing Sharing in Your Marriage	<i>282</i>
Salad Recipes from "America's #1 Love and Marriage Experts"	<i>288</i>
Filing a Joint Return Activity	<i>297</i>
Marriage as a Torch Red Convertible Activity	<i>299</i>
ABOUT THE AUTHORS	<i>301</i>
INDEX	<i>302</i>



W

E DEDICATE THIS BOOK

*to the thousands of successfully married couples we have
interviewed over these past 25 years and to our own enduring
love for each other.*