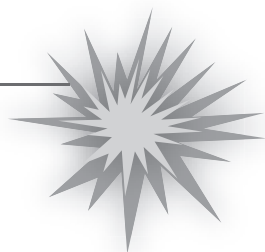


CONTENTS



Foreword		ix
Introduction: How Igniting Our Teenagers' Sparks Can Support and Save Our Children and Their Future		1
<i>Part One: Five Steps to Help Ignite Your Teen's Sparks</i>		
Step One	Recognize the Power of Sparks	17
Step Two	Know Your Own Teenager	31
Step Three	Help Discover and Reveal Your Teen's Sparks	47
Step Four:	Be the Captain of Your Teen's Spark Team	79
Step Five	Keep Your Teen's Spark Lit	101
<i>Part Two: What Helps Teens Thrive</i>		
Chapter One	On the Road to a Hopeful Future: Stories from Across America	137
Chapter Two	Thriving Youth, Thriving Nation	167

Spark Resources

Teenage Sparks: A Rich National Tapestry	181
What Kids Need to Succeed: The 40 Developmental Assets (Ages 12 to 18 Years)	193
Key Spark Resources	199
Notes	215
Acknowledgments	223
About the Author	225
Index	227

To
Liv, Kai, Brad,
Katie, Matt, Michael,
Andrew, Stef, Mike, Kyle, Maggie,
Aaron, John, Zach,
Rita, Tokie
and
TLove
The spark glistens.
Keep it at the center, *always*.

