Abilify (aripiprazole), 2, 21, 59, 130–131
active ignoring, 136
adaptive physical education, 3, 11
Adderall, 81
affective reciprocity, 19, 24
aides, school, 11
American Academy of Child and Adolescent Psychiatry, 67
amygdala, 149–150
Anafranil (clomipramine), 56–57, 58–59
Angelman syndrome, 35
Antecedent—Behavior—Consequence (ABC) Data Sheet, 152, 188
antidepressant drugs. See medication; individual names of drugs
antihypertensive medication, 82
antipsychotic drugs, 33
for behavioral issues, 129–132
for OCD, 59
for sensory sensitivity, 116
theory of mind and, 72–73
See also Risperdal (risperidone)
anxiety, 3, 105
behavior inhibition, 19
causes of depression and, 108
consistency in routine for, 108–111
diagnosing Asperger’s syndrome and, 16, 17, 28
knowledge of expectations for, 111
medication for, 105–107
OCD and, 60–61
partial participation and, 112
risk of, 107
timing of intervention for, 112–114
transition objects for, 111–112
worrying and, 107–108
Applied Behavior Analysis (ABA), 46
aripiprazole (Abilify), 2, 21, 59, 130–131
Asperger, Hans, 1, 22, 39, 71–72
Asperger’s syndrome
defined, 1
Asperger’s syndrome (continued)
diagnosing, 5–13 (See also diagnoses)
gender and, 1, 24–25
hospitalization for, 52–54, 91–92, 101
identification of, 39–43
incidence of, 1
naming of, 22
symptoms of, 2
See also medication; symptoms

Asperger’s Syndrome: A Guide for Parents and Professionals (Attwood), 11
assessment. See diagnoses
atomoxetine (Strattera), 37, 82
attention-deficit/hyperactivity disorder (ADHD), 10
comorbidity with, 35–36
diagnosing Asperger’s syndrome and, 25–26
executive function, 79–87
theory of mind vs., 70
Attwood, Tony, 11
Autism Speaks, 12, 45
autism spectrum disorder, 1
ADHD differentiated from, 80
diagnosing Asperger’s syndrome and, 16
head size and, 145–146
hearing deficits and, 34
medication for, 2
See also Asperger’s syndrome; diagnoses
autistic malice, 71–72
autistic psychopathy, 39
Autistic Spectrum Disorder Intake Summary, 152, 174
avoidance, 117–118. See also sensory sensitivity
Baron-Cohen, Simon, 69
behavioral issues, 127, 134–135
alternative appropriate behaviors and, 135–136
behavior inhibition, 19
behaviorist psychology techniques for, 3
behavior modification for, 2–3
medication for, 128–133
poor social relatedness and, 128
for sensory sensitivity, 116
strategies for, 134–143
Behavior Support Plan, 152, 194–195
Behavior Tally Sheet, 152, 181
beta-blockers, 132–133
biology, advances in, 1
birth, 6
blood tests, 81
boundaries, setting, 64–65
boys. See gender
brain
communication and language skills, 89–90
diagnosing Asperger’s syndrome and, 16
“holiday” from medication and, 105–106
neuroimaging, 1, 145–150
serotonin function and, 106
bullies, 71
bupropion (Wellbutrin), 82
Buspar (buspirone), 38
carbamazepine (Tegretol), 33, 37, 38
Catapres (clonidine), 82
caudate nucleus area, of brain, 149
Celexa (citalopram), 57, 58
cingulated gyrus, 149
citalopram (Celexa), 57, 58
classroom environment
sensory sensitivity and,
118–119, 123, 124–126
support in, 11, 48–52
clinical research
advances in, 1
in neuroimaging, 145–150
on SSRIs, 106 (See also
medication)
clomipramine (Anafranil),
56–57, 58–59
clonidine (Catapres), 82
Clozaril (clozapine), 131–132
cognitive-behavioral therapy
(CBT), 56
communication, 89
brain and, 89–90
medication for facilitation
of, 90
social skills and, 91–96
strategies to improve, 96–104
comorbidity, 31–32
defined, 2
diagnosing Asperger's
syndrome and, 16, 18
epilepsy, 32–33
-genetic disorders, 34–35
-hearing deficits, 33–34
-intellectual disabilities and
-learning disorders, 35
medication for, 37–38
schizophrenia, 36–37
-tic disorder vs. ADHD, 35–36
visual deficits, 34
See also obsessive-compulsive
disorder (OCD)
conduct disorder, 127
consequences, for behavior, 139
conversational skills, 94–95, 100
coping skills, 8, 12
Courchesne, Eric, 148–149
criminality, theory of mind and,
71–72
crisis intervention, 18. See also
hospitalization
CT scans, 145–150
Declan Group, 149
DeMyer, M. K., 22
Depakene (valproic acid), 33,
37, 38
Depakote (divalproex sodium),
33, 37
depression, 5, 105
alleviating anxiety and,
108–114
causes of, 108
medication for, 105–107
risk of, 107
worrying and anxiety,
107–108
See also anxiety
desensitization, 119–120. See also
-sensory sensitivity
Dexedrine (dextroamphetamine),
81
diagnoses, 5–13, 11, 15, 17,
28–29
diagnoses (continued)

ADHD confused with Asperger’s syndrome, 25–26
anxiety and Asperger’s syndrome, 16, 17, 28
anxiety spectrum disorder, 28
girls and, 24–25
high-functioning autism vs. Asperger’s syndrome, 22–23
hyperfocused interests and, 16, 42–43
intake interviews for, 17
medical intervention and, 20–22
medical perspective and, 15–20
OCD and, 16, 26–28, 60–64
of sensory sensitivity, 115–116, 122–123
See also symptoms

Diagnostic and Statistical Manual of Mental Disorders (DSM-IV), 60–61
directions, following, 84–86
distractability
executive function and, 80
sensory sensitivity and, 119
See also attention-deficit/hyperactivity disorder (ADHD); executive function
distraction, for behavioral issues, 135–136
divalproex sodium (Depakote), 33, 37
Docter, Melinda, 4
dyscalculia, 35
dyslexia, 35
early intervention, 16, 20, 45–46
Early Start Denver Model, 45–46
eating, sensory sensitivity and, 124
education. See schools
electrocardiogram (EKG), 57, 81
electroencephalogram (EEG), 33, 36
emotions, conversing about, 100
empathy, 19, 73–74
epilepsy, 32–33
escitalopram (Lexapro), 57
executive function, 70, 79
defined, 83
interventions for attentional issues, 86–87
medication for ADHD symptoms, 81–83
symptoms of attentional issues, 79–81, 83–86
expectations, clarifying, 142
eye contact, 80
diagnosing Asperger’s syndrome and, 17
tracking eye movement and, 93
facial dysmorphology, 17
fixation. See obsessive-compulsive disorder (OCD)
fluvoxamine (Luvox), 56, 58
fluoxetine (Prozac), 56, 58
Food and Drug Administration (FDA), 2, 21, 131. See also medication
foods, sensory sensitivity and, 124
four Ps (predisposition, precipitant, perpetuation, protective factors), 18–20
fragile X syndrome, 34, 38
free and appropriate education (FAPE), 47
friendship, 66–67. See also play

gender, 1
comorbidity and, 34, 38
diagnosing Asperger’s syndrome in girls, 24–25
neuroimaging studies and, 148–149
theory of mind and, 72
general-education environment
special day classes, 50
for special-needs children, 49
generalized anxiety disorder, 57
 genetic disorders, 34–35, 43
Geodon (ziprasidone), 59, 132
girls. See gender
guanfacine (Tenex; Intuniv), 37, 82

hallucination, 36
hand flapping, 120–121
Harvard Medical School, 11
head size, 33, 145–146
hearing deficits, 33–34
heart, medication and, 57, 81
high-functioning autism,
Asperger’s syndrome vs., 22–23
Hingtgen, J. N., 22
Hobson, R., 70–71
“holiday,” from medication, 21–22, 105–106
hospitalization, 52–54, 91–92, 101
hyperactivity. See attention-deficit/hyperactivity disorder (ADHD)
“hyperfocused” interests, 16, 42–43
hypersensitivity, 118–119. See also sensory sensitivity

imaginative play, 63–64
imaging techniques, 145–150
impulsivity. See attention-deficit/hyperactivity disorder (ADHD); obsessive-compulsive disorder (OCD)
independence, 3–4
individualized education plan (IEP), 11, 46–47, 48
Individuals with Disabilities Education Act (IDEA), 47–48
infancy, 6–7
information processing, 84–85
intellectual disabilities, 35
intelligence
IQ, 23
IQ and ADHD, 81
IQ and comorbidity, 31, 34
IQ and sensory sensitivity, 116
OCD behavior and, 62–63
interpersonal communication.
See social skills
interpreting, 93
intervention, timing of, 112–114, 121–122, 139–141. See also sensory sensitivity
Intuniv (guanfacine), 37, 82
Jackson, R. K., 22
Kanner, Leo, 39–40
knowledge of expectations, 111
Lamictal (lamotrigine), 37
lamotrigine (Lamictal), 37
language, 89–90, 97
  neuroimaging and, 147
  sensory sensitivity and, 116
  speech development, 7
  speech therapy, 3, 11
  theory of mind and, 70
  See also communication
learning disorders, 35
Lexapro (escitalopram), 57
lithium, 132
Luvox (fluoxamine), 56, 58
macrocephaly, 33
magnetic resonance imaging (MRI), 145–150
math, 10, 12, 35
mealtime, sensory sensitivity and, 124
medication, 12
  for ADHD symptoms and executive function, 81–83
  advances in, 1
  for anxiety and depression, 105–107
  for behavioral issues, 128–133
  for comorbid conditions, 35–36, 37–38
  diagnosing Asperger’s syndrome and, 16, 20–22
  dosages, for OCD, 58–59
  FDA-approved medication, 2
  “holiday” from, 105–106
  hospitalization and, 52, 53
  for OCD, 56–60, 67
  for sensory sensitivity, 116
  for theory of mind, 72–73
  melatonin, 133
  memory, 149
  methylphenidate (Ritalin), 81
  minocycline, 38
  mixed amphetamine salts (Adderall), 81
  modafinil (Provigil), 82, 83
  Moebius syndrome, 35
  monitoring
    consistency of, 100–101
    of social interactions, 75–76
  mood disorders, 16. See also anxiety; depression
  motivation
    behavioral issues and, 137–138
    executive function and, 80
    motivation, OCD and, 65–66
    motor restlessness, 80
  Mount Sinai Hospital, 149
  MRIs, 93
Naqvi, Syed, 4
neuroimaging, 1, 145–150. See also brain
Neuropsychiatric Institute (UCLA), 101
noise
  hearing deficits and, 33–34
  sensitivity to, 7
  See also sensory sensitivity
nonpublic schools, 60–61
nonverbal cues, 74–75, 93–94
nonverbal learning disability, 116
obsessive-compulsive disorder (OCD), 55
characteristics of, 55–56
diagnosing, 16, 26–28, 60–64
medication for, 38, 56–60, 67
strategies for, 64–67
occupational therapy, 2–3, 11
diagnosing Asperger’s syndrome and, 18
sensory sensitivity and, 122, 125, 126
olanzapine (Zyprexa), 38, 59, 131
open-ended questions, 86, 95–96
oppositional defiance disorder, 127
parallel play, 7–8
paranoia, 36–37
paraphilias, 72
parents
recognition of Asperger’s syndrome by, 39–43
recognition of OCD by, 61–62
partial participation, importance of, 112
partial tetrasomy 15, 34
Paxil, 20
perception, of children with Asperger’s syndrome, 101–104
personality disorders, 36–37
personal space, 7
Peterson, C., 70–71
phenylketonuria (PKU), 35
physical development, 7
physical therapy, 3
Piven, Joseph, 146
placement options, 48–52
play
imaginative play, 63–64
imitation and, 64
parallel play, 7–8
social scripts for, 97–98
positive behavior support, 138–139
prediction, 98–99, 140–142
consistency in routine and, 110–111
prefrontal cortex, 148
preoccupation. See obsessive-compulsive disorder (OCD)
play
preschool, 7–8
primary mood disorder/primary anxiety disorder, 127
proactive sensory input, 136
proprioceptive sense, 122
Provigil (modafinil), 82, 83
Prozac (fluoxetine), 56, 58
psychopharmacology. See medication
psychosis, 36–37
psychotherapy
cognitive-behavioral therapy (CBT), 56
finding therapist and, 102–104
as intervention, 21
talk therapy, 12
quetiapine (Seroquel), 131
reading, 10, 12, 23
recovery, defined, 12–13
reinforcement, 143
repetitive behavior. See obsessive-compulsive disorder (OCD)
replication, OCD and, 63–64
residential placement, 51
resource teachers/programs, 49
Risperdal (risperidone), 2, 21, 59, 130
for comorbid conditions, 33, 38, 59
side effects of, 129
Ritalin (methylphenidate), 81
rote skills, 23
routine, importance of, 108–111, 142–143
rubella embryopathy, 35
safety
of drugs, 37, 82 (See also medication; individual names of drugs)
hospitalization and, 52–54, 91–92, 101
suicide risk from medication, 57
schizophrenia, 36–37
schools
classroom environment and sensory sensitivity, 118–119, 123, 124–126
classroom support, 11, 48–52
diagnosing Asperger’s syndrome and, 9–10, 18, 28–29
free and appropriate education (FAPE), 47
general-education environment, 49, 50
individualized education plan (IEP), 11, 46–47, 48
Individuals with Disabilities Education Act (IDEA), 47–48
social skills and nonpublic schools, 51
special day classes, 50
special-education communities, 23, 45–54
support in, 2–3
seizures
diagnosing Asperger’s syndrome and, 18
epilepsy, 32–33
medication for, 37
neuroimaging and, 148
tic-like behaviors and, 35–36
See also medication
selective serotonin reuptake inhibitors (SSRIs), 38
for communication skills, 90
for OCD, 56, 57
serotonin function and, 106
See also medication
self-stimulatory behaviors, 120–121
sensory sensitivity, 2, 7, 115
assessment of, 122–123
avoiding triggers of, 123
diagnosing, 115–116
hearing deficits and, 33–34
mealtime and, 124
medication for, 116
occupational therapy for, 122, 125, 126
strategies for, 119–122, 124–126
symptoms of, 116–119
Seroquel (quetiapine), 131
sertraline (Zoloft), 56, 57, 58
service agencies, 47
sex chromosome abnormalities, 35
sexually inappropriate behavior, 72
side effects
of Abilify, 130–131
ADHD symptoms and, 80–81
of medication for OCD, 57
of Risperdal, 129
See also medication; individual names of drugs
Siegel, M., 70–71
sleep medication, 82, 133
slow taper protocol, 106
social anxiety disorder, 57
social skills, 12
  communicating and, 91–96
diagnosing Asperger’s syndrome and, 16, 19
generalization of skills and theory of mind, 77–78
monitoring of social interactions and theory of mind, 75–76
neuroimaging and, 149
in nonpublic schools, 51
parallel play, 7–8
poor social relatedness and, 128
psychosis and, 36–37
social scripts, 74, 75, 97–98
See also behavioral issues; communication
sound. See noise
special day classes, 50
special-education communities
diagnosing Asperger’s syndrome and, 23
placement options and, 45–54
speech
development, 7
therapy, 3, 11
See also communication; language
spirituality, 3
sports, 27
Stanford University, 148
stimulants, 81–82
Strattera (atomoxetine), 37, 82
Student Information Sheet, 151, 153–154
suicide, risk from medication, 57
sulcal, 148
symptoms, 2
  of attentional issues and executive function, 79–81, 83–86
diagnosing, from medical perspective, 15–20
of OCD, 55–56, 60–64
parents’ recognition of Asperger’s syndrome, 39–43
of sensory sensitivity, 116–119
See also diagnoses
talk therapy, 12
task analysis, 85–86
Team Meeting Notes, 151, 167
team sports, 27
Tegretol (carbamazepine), 33, 37, 38
Teicher, Martin, 11
Tenex (guanfacine), 82
theory of mind, 19, 69
criminality and, 71–72
empathy and, 73–74
generalization of skills and, 77–78
theory of mind (continued)
identification of, 69–71
interventions for, 76–77
medication for, 72–73
monitoring of social
interactions and, 75–76
nonverbal cues and, 74–75
social scripts and, 74, 75
 tic disorders, 35–36

“Top Ten Autism Research
Events” (Autism Speaks), 12
transition objects, 111–112
treatment, 45–48
early intervention, 16, 20,
45–46
hospitalization and, 52–54,
91–92, 101
for OCD, 64–67
placement options and, 48–52
treatment of, 76–77

See also diagnoses; medication;
psychotherapy
tricyclic antidepressants, 59. See
also medication
tuberous sclerosis, 34
22q11 deletion syndrome, 35
typical antipsychotic medication,
132. See also antipsychotic
drugs

University of North Carolina, 146
valproic acid (Depakene), 33,
37, 38
vestibular sense, 122
visual cues, providing, 87
visual deficits, 34
vocational training, 20

Wellbutrin (bupropion), 82
Wing, Lorna, 22, 40
Workbook (forms and templates),
151–152
Antecedent—Behavior—
Consequence (ABC) Data
Sheet, 152, 188
Autistic Spectrum Disorder
Intake Summary, 152, 174
Behavior Support Plan, 152,
194–195
Behavior Tally Sheet, 152, 181
Student Information Sheet,
151, 153–154
Team Meeting Notes, 151, 167
worrying, 107–108. See also
anxiety

Yale Child Study Center, 93
ziprasidone (Geodon), 59, 132
Zoloft (sertraline), 56, 57, 58
Zypraxa (olanzapine), 38, 59, 131

University of California - Los
Angeles (UCLA), 101, 148