



TABLE OF CONTENTS

Foreword xi
With Gratitude xiii
Invocation xv

PART ONE *A Call to Wholeness* 1

1 The Foundation of Legacy Living: How It All Began 3
2 Your Passion and Your Calling 17

PART TWO *The Seven Sacred Promises* 29

3 What Are the Sacred Promises? 31
4 Gratitude—Blessings Received and Passed Along 43
5 Faith—Devotion and Spiritual Renewal 57
6 Love—Passion and Heart-Centered Action 67
7 Vision—Seeing the Bigger Picture 81
8 Integrity—Honoring Your Values and Wholeness 95
9 Creative Action—Manifestation and Fulfillment 109
10 Legacy—Service and Stewardship 125

PART THREE *I Am an Instrument of Soul* 137

- 11 The Sacred Promises and Right Relationships 139
- 12 The Sacred Promises at Work 151
- 13 The Sacred Promises and World Work 165
- 14 The Sacred Promises as a Sacred Life Path 179
- 15 I Dared . . . I'm Doing It 193

Works Cited 215

Resources 219

Appreciations 221

The Author 223

Share Your Blessings 225

Index 227

*To my mother and father, Mildred and Earnest:
with love and gratitude for your legacies of vision,
service, and possibility.*

*To my husband, John, whose servant heart embodies
legacy living.*

*To my daughter, Quinn: may your soul remain lit with
righteous fire, and may the sweet music of your life continue
to transform the world.*

