

Contents at a Glance

<i>Introduction</i>	1
<i>Part I: The Fascinating World of Dogs</i>	7
Chapter 1: A Dog for Life: Dog Psychology 101	9
Chapter 2: Understanding Your Dog	15
Chapter 3: Communicating with Your Dog.....	29
Chapter 4: Seeing Life from Your Dog's Perspective.....	47
<i>Part II: Embracing Your Dog's Identity</i>	61
Chapter 5: Identifying Your Dog's Individuality.....	63
Chapter 6: Interpreting Your Dog's Breed-Specific Traits	83
Chapter 7: Sensory Perceptions	95
Chapter 8: Meeting the Needs of Your Growing Puppy	107
Chapter 9: Reading and Communicating as Your Dog Ages.....	123
<i>Part III: Doggie Delinquency</i>	137
Chapter 10: Inspiring Behavior with Motivational Techniques	139
Chapter 11: Helping Your Dog Learn from Everyday Living	159
Chapter 12: Happy Training, Happy Tails	171
<i>Part IV: Dogs Don't Misbehave: Misperceptions and Solutions</i>	185
Chapter 13: Addressing and Solving Problem Behavior.....	187
Chapter 14: Countering Anxiety-Based Behavior	205
Chapter 15: Understanding and Resolving Aggressive Behavior	221
<i>Part V: The Part of Tens</i>	241
Chapter 16: Ten Forms of Silent Communication.....	243
Chapter 17: Ten Common Misunderstandings	249
Chapter 18: Ten Ways to Become Your Dog's Leader	255
<i>Index</i>	261

Table of Contents

***Introduction* 1**

About This Book	1
Conventions Used in This Book	2
What You're Not to Read.....	2
Foolish Assumptions	2
How This Book Is Organized.....	3
Part I: The Fascinating World of Dogs.....	3
Part II: Embracing Your Dog's Identity.....	3
Part III: Doggie Delinquency	3
Part IV: Dogs Don't Misbehave:	
Misperceptions and Solutions.....	4
Part V: The Part of Tens	4
Icons Used in This Book.....	4
Where to Go from Here	5

***Part I: The Fascinating World of Dogs* 7**

Chapter 1: A Dog for Life: Dog Psychology 101 9

Is Your Dog a Wolf in Sheep's Clothing?	9
People and dogs: Parallel evolution.....	9
Personality.....	10
Sensory overload.....	10
Age Influences	11
Influencing Your Dog's Learning	12
Ain't Misbehaving!	13
Why dogs act out.....	13
Dissecting daily frustrations	14
When reality bites: Inside canine aggression.....	14

Chapter 2: Understanding Your Dog 15

How Dogs Came to Be Dogs.....	15
In the beginning	16
First move, wolves.....	17
Second move, humans	18
Perpetual puppies	19
Behavioral Traits Bred in the Bone	22
Curing the Dog with an Overdeveloped Chasing Instinct....	23
Understanding Your Dog's Sex Life.....	25
The truth about spaying and neutering.....	27
Now or later? The best age to spay or neuter a dog....	28



Chapter 3: Communicating with Your Dog 29

An English to Doglish Translation29
Seeing Eye to Eye30
Interpreting Vocal Tones and Intonations33
Making the Most of What You Say34
Listen to Your Dog's Voice34
Reading Body Talk38
 The ups and downs of the ears.....42
 Facial signals43
 Tail talk.....44

Chapter 4: Seeing Life from Your Dog's Perspective . . . 47

Like Person, Like Dog (Similarities and Differences)47
Your Dog Needs Affection48
 Group identity49
 Using reflection and praise to influence behavior50
How Hierarchy Differs from Democracy51
 It's in their genes.....52
 Asserting benevolent authority.....54
 Establishing your social status57
Reinforcing Good Manners60

***Part II: Embracing Your Dog's Identity* 61**

Chapter 5: Identifying Your Dog's Individuality 63

Identifying Your Dog's Personality64
The Puppy Personality Test65
 Preparing for the test65
 Giving the test67
Evaluating Your Adult Dog.....76
 Scoring the personality tests77
 Interpreting the personality tests.....78

**Chapter 6: Interpreting Your Dog's
Breed-Specific Traits 83**

What Are Dog Breeds?.....83
A New Breed of Dog Classification.....84
 Sporting dogs85
 Hounds86
 Working dogs.....88
 Terriers89
 Toy dogs.....90
 Herding dogs90
 Nonsporting dogs91

Predicting Behavior from Breed.....	91
Intelligence and learning ability.....	92
Dominance and territoriality.....	92
Sociability.....	93
Emotional reactivity.....	93
Energy level.....	94
Chapter 7: Sensory Perceptions.....	95
Sight, Psychology, and Survival.....	95
Are dogs colorblind?.....	96
Do dogs have night vision?.....	97
What about vision on the move?.....	98
Hearing the World.....	99
Hearing capacities in comparison.....	99
Breeds, genetics, and deafness.....	100
What a Dog's Nose Knows.....	103
Born to sniff.....	103
Your dog's unique nose.....	104
Chapter 8: Meeting the Needs of Your Growing Puppy.....	107
Creating a Lifelong Bond.....	107
Meeting your puppy's needs.....	108
Providing early lessons.....	109
Conditioning.....	110
Preventing Problems.....	112
Aggressive puppy.....	112
Hyper puppy.....	113
Timid puppy.....	113
Socializing Your Puppy.....	114
Creating a positive association.....	117
Exploring places.....	118
Meeting other people.....	119
Exposing to sounds.....	120
Introducing objects.....	121
Meeting other animals.....	122
Chapter 9: Reading and Communicating as Your Dog Ages.....	123
Discovering Your Dog's True Age.....	123
Battling an Aging Body.....	125
Diminishing Awareness.....	127
When hearing fades.....	127
When vision fades.....	130
Remembering the Aging Mind.....	133
Alzheimer's disease in dogs?.....	133
Solutions for a fading mind.....	134

***Part III: Doggie Delinquency* 137**

Chapter 10: Inspiring Behavior with Motivational Techniques 139

Choosing Training Tools and Gadgets	140
Collars	141
Leashes	142
Clicker-happy training.....	146
Targeting	148
Magical learning tools	149
Using a Reward System	150
Treats and toys	150
Meals	152
Tailoring Your Rewards to Your Dog's Personality.....	153
Assertive	153
Fearful	154
Rescue dogs.....	155
Shaping Behaviors	156
Luring with food.....	156
Using pressure points to direct	157
Modeling as an example	158

Chapter 11: Helping Your Dog Learn from Everyday Living 159

Consistency Counts	159
Monitoring Human Behavior	161
Living with Kids and Dogs	163
Avoidance 101	166
Soothing your dog's fear.....	166
When discipline instills fear	167
The ingredients of a good correction.....	168

Chapter 12: Happy Training, Happy Tails 171

I'm the Leader! Follow Me!.....	171
Whoever is in front is in charge.....	172
Permission training	175
Meeting and greeting.....	175
Teaching Impulse Control.....	176
Verbal discouragements	176
Teaching the down	178
Stay	179
Settle down.....	180
Reconnection.....	181
The indispensable "Come"	181
Off-leash control	183

***Part IV: Dogs Don't Misbehave:
Misperceptions and Solutions..... 185***

**Chapter 13: Addressing and Solving
Problem Behavior..... 187**

Personal Philosophy and the Problem Dog.....	187
Denning Your Dog.....	191
Silencing Excessive Barking.....	192
Dogs that bark at neighbors.....	193
Excessive barking in the yard.....	194
Other nuisance barking.....	195
Barking in the car.....	196
Chewing.....	196
Putting a Damper on Jumping.....	197
Greeting jumping.....	198
Company jumping.....	199
Housetraining.....	200
The housetraining routine.....	201
When accidents happen.....	202

Chapter 14: Countering Anxiety-Based Behavior . . . 205

The Face of Fear.....	205
Using social skills to resolve conflict.....	207
Recognizing signs of stress.....	208
The Leaky Dog Syndrome.....	209
Stopping the leak.....	210
Curbing Separation Anxiety.....	211
How it all begins . . .	213
Solving isolation and anxiety problems.....	214
Soothing Fears and Phobias.....	216
Playing through fear.....	218
Working through fear.....	219

**Chapter 15: Understanding and Resolving
Aggressive Behavior..... 221**

Recognizing the Signs.....	221
Reading body language.....	222
Evaluating aggressive tendencies.....	223
Factoring in Breed Traits.....	224
Ruling Out Medical Factors.....	226
Identifying Different Types of Aggression.....	229
Dominance aggression.....	229
Possessive aggression.....	231
Fear-based aggression.....	233

Territorial aggression.....233
Predatory aggression.....233
Maternal aggression.....234
Controlling Aggression.....235
Preventing Aggression.....237
Figuring Out Whether Neutering Helps.....238

Part V: The Part of Tens.....241

Chapter 16: Ten Forms of Silent Communication 243

Eye Contact.....243
Body Posture.....245
Touch.....245
Your Demeanor.....246
Unresponsiveness.....246
Mirrored Motion.....247
Looking at Your Dog Less.....247
Hand Signals.....248
Body Position.....248
Lure Touching.....248

Chapter 17: Ten Common Misunderstandings 249

Every Dog Wants to Be Leader of the Pack.....249
A Wagging Tail Means a Happy and Friendly Dog.....250
Dogs Understand Human Language.....250
A Fearful Dog Won't Bite.....251
Dogs Know When They've Done Wrong.....251
Dogs Sometimes Behave Out of Spite.....252
Dogs Hate Cats.....252
Dogs Like It When You Hug Them.....253
Your Stress Has No Effect on Your Dog.....253
Dogs' Licks Are Kisses.....254

**Chapter 18: Ten Ways to Become
Your Dog's Leader 255**

Control the Resources.....255
Teach Your Dog to Mind Her Manners.....255
Reserve High Places for Humans.....256
Emphasize Your Right of Way.....256
Use Time-Outs to Control Unruly Behavior.....257
Empathize.....258
Organize Space and Activities.....259
Practice Full Body Handling.....259
Restore Predictability.....260
Highlight the Positive.....260

Index.....261