

# Contents



*A Note on Attribution* x

*Introduction to the New and 1983 Editions* xi

*Map of the Greater French Southwest* xxii

## *The Tastes of the French Southwest*

1

### *Garbure, Pot-au-Feu, and Other Soups*

41

### *Appetizers and Small Plates*

73

### *Fish and Shellfish*

101

### *Chicken*

133

### *Duck, Goose, and Rabbit*

165

*Foie Gras, Terrines, and Rillettes*

223

*Beef, Veal, Pork, and Lamb*

251

*Cassoulet*

309

*Vegetables*

325

*Desserts*

359

*Stocks and Sauce Bases*

403

*Mail Order Sources* 415

*Index to Recipes by Region and Course* 418

*Notes on Equipment* 428

*Bibliography* 430

*Acknowledgments for the New and 1983 Editions* 432

*Index* 436