

Table of Contents

Introduction	1
About the Test	1
Subarea I: English Language Arts (21%)	1
Subarea II: Mathematics (18%)	1
Subarea III: Science and Technology (13%)	2
Subarea IV: Social Studies (15%)	2
Subarea V: The Fine Arts (8%)	2
Subarea VI: Health and Fitness (8%)	2
Subarea VII: Family and Consumer Science and Career Development (7%)	3
Subarea VIII: Foundations of Reading: Constructed-Response Assignment (10%)	3
Taking the Test	3
How to Answer Multiple-Choice Questions	3
The Constructed Response	4
Final Thoughts	4

PART I: SUBJECT REVIEW

Subarea 1: English Language Arts	7
Objective 0001	7
Levels of Literacy Development	7
Phonological and Phonemic Awareness	8
Print Concepts	8
The Alphabetic Principle	9
Word Identification Strategies	9
Constructing Meaning from Text	10
Review Questions	11
Objective 0002	13
Literal Comprehension Skills	13
Inferential Comprehension Skills	14
Evaluative Comprehension Skills	14
Reading Comprehension Strategies	15
Self-Monitoring Methods	16
Comprehension Assessment Methods	17
Review Questions	18
Objective 0003	20
Genre-Specific Reading Strategies	20
Information Resource Handling	21
Assessing Credibility or Objectivity	22
Visual Representations of Information	22
Literary Response Strategies	23
Reading for Enjoyment	24
Review Questions	25
Objective 0004	27
The Writing Process: Prewriting Strategies	27
The Writing Process: Note Taking, Outlining, and Drafting	28
The Writing Process: Revising Written Texts	28
The Writing Process: Editing Written Texts	29
The Writing Process: Proofreading Written Texts	30
Using Technology to Research and Write	33
Review Questions	33

Objective 0005	37
Factors to Consider Before Writing	37
Incorporation of Graphics	38
Writing Research Papers	38
Credibility and Objectivity Enhancement	39
Writing Literary Responses	40
Voice Awareness	41
Review Questions	41
Objective 0006	44
Developing Listening Strategies	44
Factors in Effective Listening	44
Factors in Effective Spoken Communication	45
Varying Speaking Strategies	45
Communicating to Various Audiences	46
Applying Oral Language Conventions	46
Review Questions	47
Objective 0007	49
Fiction versus Nonfiction	49
Story Elements in Fiction	49
Dramatic Structure and Devices	50
Types of Nonfiction	50
Style, Tone, and Viewpoint	51
Elements of Poetry	51
Review Questions	53
Objective 0008	55
Time and Place Awareness	55
Cultural Values and Ideas Awareness	55
Themes and Characteristics in Children’s Literature	56
Important Works and Authors for Children and Adolescents	58
Themes and Elements in Childrens’ and Young Adult Literature	59
Review Questions	59
Subarea II: Mathematics	61
Objective 0009	61
Mathematical Relationships	61
Arguments and their Validity	61
Drawing Conclusions from Simple and Compound Statements	62
Using Inductive Reasoning	62
Problem-Solving Strategies	62
Review Questions	63
Objective 0010	66
Representing Relationships by Mathematical Notations	66
Visual Representation of Mathematical Concepts	67
Math Concepts Expressed through Language	67
Word Problems	67
Math Concepts Translated Into Equations	68
Mathematical Models	68
Review Questions	69
Objective 0011	71
Commutative, Distributive, and Associative Properties	71
Ratios, Proportions, and Percents	72
Converting Decimals to Fractions	72
Expressing Equivalent Forms of Numbers	72
The Division Algorithm	73
Simplifying Algebraic Expressions	73
Review Questions	74

Objective 0012	78
Describing Mathematical Relationships	78
Representing Patterns	78
Analyzing Patterns and Relationships	79
Deriving Algebraic Expressions	79
Algebraic Functions	79
Performing Algebraic Operations	79
Changing Variables	80
Review Questions	80
Objective 0013	84
Two- and Three-Dimensional Shapes	84
Using Basic Geometric Figures to Solve Problems	84
Similarity and Congruence	85
Inductive and Deductive Reasoning	86
Coordinate Geometry	86
Transformations and Symmetry	87
Review Questions	87
Objective 0014	91
Units of Measurement	91
Using the Correct Unit of Measurement	91
English and Metric Conversions	92
Determining Area and Volume	92
Derived Measurements	92
The Pythagorean Theorem	93
Review Questions	93
Objective 0015	96
Organizing Data	96
Displaying Data in Various Visual Formats	97
Computing Probabilities	98
Estimating Probabilities through Simulations	99
Mean, Median, and Mode	100
Properties of the normal distribution	100
Statistics	101
Data Analysis in Decision Making	101
Review Questions	101
Subarea III: Science and Technology	105
Objective 0016	105
Scientific Method	105
Formulating and Testing a Hypothesis	106
Quantitative and Qualitative Data	106
Graphing Data	107
Interpreting Data	109
Evaluating the Conclusion's Validity	109
Laboratory Safety	109
Review Questions	110
Objective 0017	111
The Earth-Moon-Sun System	111
The Earth and Its Cycles	117
Physical Changes and Physical Properties	120
Chemical Changes and Chemical Properties	121
Energy and Its Transformations	122
Forces and Newton's Laws of Motion	123
Inferring Physical Science Principles	125
Review Questions	127

Objective 0018	133
Characteristics of Living Systems	133
Continuity of Life: Genetics and Development	136
Evolution: Diversity of Life	143
Basic Life Processes	146
Ecology and the Interdependence of Life	154
Inferring Biological Principles	158
Review Questions	159
Objective 0019	165
The Engineering Method	165
Technological Systems	165
Engineering Design Process: Modeling and Optimization	167
Evaluating and Testing Technological Solutions	171
Technological Impact	172
Review Questions	176
Objective 0020	180
Common Themes	180
Modeling	184
Mathematical Analysis	186
Designing Solutions to Environmental Problems	187
Review Questions	188
Subarea IV: Social Studies	193
Objective 0021	193
Concept Definitions	193
Developments in Human History	194
Ancient Civilizations	195
Organization of Historical Periods	195
Effects of European Contact and Settlement	195
Contributions of Individuals and Groups	196
Review Questions	197
Objective 0022	198
Geographic Terms and Concepts	198
Geography's Six Essential Elements	199
Characteristics of the Earth's Surface	199
Functions of Systems in Different Settings	200
Demographic Change and Population Density	200
Human Impact on the Physical Environment	200
Review Questions	201
Objective 0023	202
Concepts Related to Human Development	202
Personal Identity	203
Cultural Diffusion, Acculturation, and Assimilation	203
Social Groups and Institutions	203
Differences in Perspective	204
Processes of Social and Cultural Change	204
Review Questions	205
Objective 0024	206
Economic and Political Terms and Concepts	206
The United States Economic System	207
Economic and Governmental Models	208
The Constitution of the United States	208
Issue Perspectives	209
Political and Cultural Influences	209
Review Questions	209

Objective 0025	211
Important United States Documents	211
Democratic Values	212
Election Processes	213
Civic Participation in Politics	213
Good Citizenship	214
Civil Rights	214
Review Questions	215
Objective 0026	216
Resources and Research Methods	216
Maps	217
Interpreting Materials	218
Interpreting Graphics	218
Identifying Point of View	218
Review Questions	218
Subarea V: The Fine Arts	221
Objective 0027: Art	221
Basic Elements of Art	222
Analyzing Art Works	223
Characteristics of Art Media	223
Basic Tools and Techniques	227
Art as a Reflection of Culture	228
Art from Different Cultures	228
Review Questions	229
Objective 0028: Music	231
Types of Musical Instruments	231
The Elements of Music	232
The Physics of Music	234
Technical Skills Involved in Making Music	235
Music of Different Cultures	236
Review Questions	237
Objective 0029: Theater and Dance	241
Dramatic and Theatrical Forms	241
Types of Dance	241
Aspects of Theater Performance	242
Communicative Elements of Theater	243
Cultural Uses of Drama and Dance	244
Review Questions	245
Subarea VI: Health and Fitness	247
Objective 0030	247
Chronic and Communicable Diseases	247
Health Goals	248
Decision-Making and Problem-Solving Skills	248
Nutrition	249
Contemporary Health-Related Issues	250
Health Information in the Media	251
Health and the Environment	252
Review Questions	253
Objective 0031	255
Physical Developmental Levels	255
Motor Skills Development	256
Movement Concepts	256
Safety Concepts and Practices	256
Sport-Related Skills	257

Developing Personal Living Skills through Sports	257
Review Questions	257
Objective 0032	260
Major Body Systems	260
Components of Health-Related Fitness	261
Developing a Personal Fitness Plan	262
Physical Activity as a Preventative	262
Activities for Developing Strength and Endurance	262
Review Questions	264
Subarea VII: Family and Consumer Science and Career Development . . .	267
Objective 0033	267
Child Development Stages and Characteristics	267
Interpersonal Relationships	271
Family Relationships	272
Childhood Accidents and Safety	273
Health and Hygiene	273
Review Questions	274
Objective 0034	276
American Consumerism	276
Major Purchase Decisions	279
Budget and Money Management	280
Credit	281
Insurance	281
Review Questions	282
Objective 0035	283
Career Development	283
Evaluating Careers	285
The Job Search	286
Personal or Social Factors in the Workplace	288
Rights and Responsibilities in the Workplace	289
Sample Questions	291
Subarea VIII: Foundations of Reading: Constructed Response	293
An Overview of the Written Assignment for the CST	293
Writing Tips for the Written Assignment	293
Sample Directions for the Written Assignment	294
Performance Characteristics and Scoring Scale	295
Performance Characteristics	295
Scoring Scale	295
Sample Writing Assignment	296
Written Assignment	296
Written Assignment III	297
PART II: PRACTICE TESTS	
New York State Teacher Certification Examination Practice Test 1	303
Answer Key for Practice Test 1	315
Answers and Explanations for Practice Test 1	317
New York State Teacher Certification Examination Practice Test 2	327
Answer Key for Practice Test 2	341
Answers and Explanations for Practice Test 2	343