

# contents

<b>PREFACE</b> .....	ix
<b>INTRODUCTION: THE INTERNATIONAL WORLD OF BACON</b> .....	1
What Is Bacon? .....	1
A Short History of Bacon .....	2
The Curing and Smoking of Bacon .....	3
International Styles of Bacon .....	5
Buying Bacon .....	12
Storing Bacon .....	13
Cooking Bacon .....	14
Saving and Cooking with Bacon Fat .....	15
Bacon and Health .....	15
Mail-Order Sources for Premium Bacons .....	17
<b>CANAPÉS AND APPETIZERS</b> .....	20
<b>BREAKFAST AND BRUNCH DISHES</b> .....	48
<b>SOUPS AND CHOWDERS</b> .....	74
<b>SALADS AND SANDWICHES</b> .....	98
<b>CASSEROLES AND STEWS</b> .....	120
<b>MAIN COURSES</b> .....	144
<b>VEGETABLES AND FRUITS</b> .....	186
<b>PASTA AND RICE</b> .....	214
<b>BREADS</b> .....	236
<b>DESSERTS</b> .....	254
<b>ACKNOWLEDGMENTS</b> .....	265
<b>INDEX</b> .....	266