

Contents

- Preface to the third edition 7
Acknowledgements to the third edition 7
Figure key 8
SI/mass unit conversions 9
- Part 1 Acids, bases and pH**
- 1 Acids, bases and hydrogen ions (protons) 10
 - 2 Understanding pH 12
 - 3 Production and removal of protons into and from the blood 14
 - 4 Metabolic alkalosis and metabolic acidosis 16
 - 5 Respiratory alkalosis and respiratory acidosis 18
- Part 2 Structure of amino acids and proteins**
- 6 Amino acids and the primary structure of proteins 20
 - 7 Secondary structure of proteins 22
 - 8 Tertiary and quaternary structure and collagen 24
- Part 3 Formation of ATP: oxidation and reduction reactions**
- 9 Oxidation/reduction reactions, coenzymes and prosthetic groups 26
 - 10 Anaerobic production of ATP by substrate-level phosphorylation, from phosphocreatine and by the adenylate kinase (myokinase) reaction 28
 - 11 Aerobic production of ATP 30
 - 12 Biosynthesis of ATP by oxidative phosphorylation I 32
 - 13 Biosynthesis of ATP by oxidative phosphorylation II 34
 - 14 What happens when protons or electrons leak from the respiratory chain? 36
 - 15 Free radicals, reactive oxygen species and oxidative damage 38
 - 16 Aerobic oxidation of glucose to provide energy as ATP 40
 - 17 Anaerobic oxidation of glucose by glycolysis to form ATP and lactate 42
 - 18 Anaerobic glycolysis in red blood cells, 2,3-BPG (2,3-DPG) and the Bohr effect 44
- Part 4 Carbohydrates**
- 19 Carbohydrates 46
 - 20 Absorption of carbohydrates and metabolism of galactose 48
 - 21 Fate of glucose in liver: glycogenesis and lipogenesis 50
 - 22 Fructose metabolism 52
 - 23 Glucose homeostasis 54
 - 24 Glucose-stimulated secretion of insulin from β -cells 56
 - 25 Regulation of glycogen metabolism 58
 - 26 Glycogen breakdown (glycogenolysis) and glycogen storage diseases 60
 - 27 Insulin signal transduction and diabetes mellitus 62
 - 28 Diabetes mellitus 64
 - 29 Alcohol metabolism: hypoglycaemia, hyperlactataemia and steatosis 66
- Part 5 Enzymes and regulation of pathways**
- 30 Enzymes: nomenclature, kinetics and inhibitors 68
 - 31 Regulation of enzyme activity 70
 - 32 Regulation of glycolysis and Krebs cycle 72
 - 33 Oxidation of fatty acids to produce ATP in muscle and ketone bodies in liver 74
 - 34 Regulation of lipolysis, β -oxidation, ketogenesis and gluconeogenesis 76
- Part 6 Lipids and lipid metabolism**
- 35 Structure of lipids 78
 - 36 Phospholipids I: phospholipids and sphingolipids 80
 - 37 Phospholipids II: micelles, liposomes, lipoproteins and membranes 82
 - 38 Metabolism of carbohydrate to cholesterol 84
 - 39 VLDL and LDL metabolism I: “forward” cholesterol transport 86
 - 40 VLDL and LDL metabolism II: endogenous triacylglycerol transport 88
 - 41 HDL metabolism: “reverse” cholesterol transport 90
 - 42 Absorption and disposal of dietary triacylglycerols and cholesterol by chylomicrons 92
 - 43 Steroid hormones: aldosterone, cortisol, androgens and oestrogens 94
- Part 7 Metabolism of amino acids and porphyrins**
- 44 Urea cycle and overview of amino acid catabolism 96
 - 45 Non-essential and essential amino acids 98
 - 46 Amino acid metabolism: to energy as ATP; to glucose and ketone bodies 100
 - 47 Amino acid disorders: maple syrup urine disease, homocystinuria, cystinuria, alkaptonuria and albinism 102
 - 48 Phenylalanine and tyrosine metabolism in health and disease 104
 - 49 Products of tryptophan and histidine metabolism 106
 - 50 Haem, bilirubin and porphyria 108
- Part 8 Vitamins**
- 51 Fat-soluble vitamins I: vitamins A and D 110
 - 52 Fat-soluble vitamins II: vitamins E and K 112
 - 53 Water-soluble vitamins I: thiamin, riboflavin, niacin and pantothenate 114
 - 54 Water-soluble vitamins II: pyridoxal phosphate (B_6) 116
 - 55 Water-soluble vitamins III: folate and vitamin B_{12} 118
 - 56 Water-soluble vitamins IV: biotin and vitamin C 120
- Part 9 Molecular biology**
- 57 The cell cycle 122
 - 58 Pyrimidine metabolism 124
 - 59 Purine metabolism 126
 - 60 Structure of DNA 128
 - 61 The “central dogma” of molecular biology 130
 - 62 Organisation of DNA in chromosomes 132
 - 63 Replication of DNA (part 1) 134
 - 64 Replication of DNA (part 2) 136
 - 65 DNA damage and repair 138
 - 66 Transcription of DNA to make messenger RNA (part 1) 140
 - 67 Transcription of DNA to make messenger RNA (part 2) 142

- 68 Transcription of DNA to make transfer RNA 144
- 69 Transcription of DNA to make ribosomal RNA 146
- 70 Translation and protein synthesis 148
- 71 Comparison of DNA replication, DNA transcription and protein synthesis in eukaryotes and prokaryotes 150

Part 10 Diagnostic clinical biochemistry

- 72 Diagnostic clinical biochemistry (with Dr J. W. Wright FRCP, MRCPath) 152

Index 154

Companion website

This book is accompanied by a companion website which contains interactive Multiple-Choice Questions:

www.ataglanceseries.com/medicalbiochemistry