



# Index

## A

- Academy of the Sacred Heart, 72
- Agnosticism, and mental health professionals, xxi–xxii
- Andrea, story of, 46–49, 50
- Arts, role of in mental health treatment, 36–51
- Atheism, and mental health professionals, xxi–xxii
- Auditory hallucinations, 92–105

## B

- Belief, and doubt, in Beverly's story, 20–34
- Bergin, A. E., xxi–xxii
- Beth, story of, 94–99, 100, 101, 103
- Beverly, story of, 20–34
- The Birth of the Living God: A Psychoanalytic Study* (Rizzuto), xxi
- Book club, guidelines for use of book in, 132
- Borderline personality disorder, 31
- Buddhist practice, 43–46
- Buddy, story of, 54–70, 87, 114

## C

- Catholic church, and suicide, 14–16
- Chanting, 45–46
- Christmas, 85–86, 125–128
- Confession, 88, 89–90
- Contemplation, 119–121
- Contemplative, 125
- Convent life, description of, 39–41, 115–117
- Cooper, S., 86
- Corinthians, Epistle to, 123
- Creativity, role of in mental health treatment, 36–51

## D

- Death: of Beverly, 21–23; of Buddy, 87; feelings about, 14–16; of Libby, 81–85
- Delusion, hearing voices as, 103
- Department of Public Health, 79–80, 86
- Depression, 59–61, 98
- Diagnostic Statistical Manual (DSM-IV), xxi

- Donald, and conflict with therapist Sara, xvi–xix
- Doubt: about religious life, 108–128; vs. belief in Beverly’s story, 20–34
- Dream journal, 123
- “Dry Salvages” (Eliot), 69
- Duchesne College, 120
- E**
- Elavil, 26–27, 29
- Electroconvulsive therapy, 25
- Eliot, T. S., 34, 69
- Emerson, R. W., 85
- Eucharist, 76
- Evil, existence of, in Beverly’s story, 20–34
- Exodus, book of, 72–73
- F**
- False self, 124, 125
- Four Seasons* (Vivaldi), 83
- Frankl, V., 78
- Freud, S., xxi, xxii
- G**
- Gallup poll, about belief in God, xx
- Genesis 1:2, 36
- Gifts, nature of, 125–128
- God: anger at, 55–57; belief in and Gallup poll, xx; doubts about, 108–128; search for in Beverly’s story, 20–34; views of, 65, 70
- Goodness of fit concept, 125
- Goodness, of God, in Beverly’s story, 20–34
- Government, views of, xx–xxi
- Guidelines, for inner religious experience, 100–101
- H**
- Hanukkah, 85–86
- Harvard Medical School, xv
- Hearing voices, 92–105, 108–128, 129
- Hebrew prayers, 74
- Heschel, A., 69
- Higher Power. *See* God
- Holiness, 63
- Holy Week services, 73
- Hopkins, G. M., 36
- Hospice work, guidelines for use of book in, 132
- Humility, 126–127
- I**
- Inner religious experience, 92–105, 108–128, 129
- Insulin shock therapy, 25
- Interpreter, role of, xvi
- J**
- James, W., 101
- Jennifer, story of, 38–39, 42–43, 48–49, 50
- Jensen, J. P., xxi–xxii
- Jeremiah, 56, 122

- Jesus: and Eucharist, 76; Jewish identity of, 73, 90  
 Jewish Seder service, 72–81, 86–87  
 John, Gospel of, 83  
 John of the Cross, Saint, 64  
 John XXIII (pope), 119  
 Joint Commission on Hospital Accreditation (JCOHA), 79–80  
 Journaling, 123, 132  
 Julian of Norwich, 101  
 Jung, C., 65
- K**  
 Kennedy, J., 59  
 Kenwood, 39–41, 92, 115–117  
 Kimball, M. W., xxiv–xxv  
 Koenig, H., xxi  
 Kwanza, 85–86
- L**  
 Libby, memorial service for, 81–85  
 Loss, sense of, 112–114
- M**  
*Man's Search for Meaning* (Frankl), 78  
 Mass, and Seder meal, 73–74  
 Medicine, views of, xxi  
 Memorial service: for Beverly, 21–23; for Buddy, 87; for Libby, 81–85  
 Mental illness: and depression, 59–61, 98; incidence of, xx; nature of, 128; perceptions of, 113–114; and poverty, 59  
 Merton, T., 119, 124  
 Mother Duchesne, 123  
 Music, role of in mental health treatment, 45–46
- O**  
 Ordination, meaning of, 87–88
- P**  
 Passover Seder, 72–81  
 Paul, Saint, 123  
 Pew Forum on Religion and Public Life, 131  
 Poverty, and mental illness, 59  
*The Prophets* (Heschel), 69  
 Psychology, views of, xxi  
 Psychosis, 98–99  
 Puzzle image, 130
- R**  
 Religion: definition of, 132; and mental health professionals, xix–xx; vs. spirituality, 37–39, 46–48, 51; views of, xix–xxii, xxiii–xxv  
 Religious affiliation: in Gallup poll, xx; in Pew survey, 131  
 Religious life: in 1950s, 39–41; doubts about, 108–128  
 Religious of the Sacred Heart, 39–41, 92, 115–117  
 Retreat, 120–121  
 Rilke, R. M., 39, 124  
 Ritual, role of, 50, 72–90  
 Rizzuto, A.-M., xxi

- Roberta, story of, 46  
 Russell, story of, 43–46,  
 48–49, 50
- S**
- Sacred, sense of, and rituals, 50  
 Saint John of the Cross, 64  
 Saint Paul, 123  
 Sara, and conflict with client  
   Donald, xvi–xix  
 Science, views of, xx–xxi  
 Seder service, 72–81, 86–87  
*Seeds of Contemplation* (Merton),  
 119  
 “Service of new life,” as Seder  
   replacement, 86–87  
 Shmueli, Y., xxii  
*The Shortest Day* (Cooper), 86  
 Solstice, 85–86  
 Source of Energy. *See* God  
 Spirit: definition of, 100. *See*  
   *also* God  
 “Spiritual Beliefs and Values”  
   group, beginnings of, 2–19  
 “Spiritual Issues of the Mentally  
   Ill” (article by Beverly), 33  
 Spiritual practice, in Pew  
   survey, 131  
 Spirituality: definition of,  
   132–133; nature of, 98–99; vs.  
   religion, 37–39, 46–48, 51
- “Spring” (Vivaldi), 83  
 Suicide, xxii, 14–16, 81–85  
 Surveys, and religion,  
   xx, 131  
 Szasz, T. S., xx, 92
- T**
- Taylor, story of, 94, 97–99, 100,  
 101, 103  
 Theater, role of in mental health  
   treatment, 48  
 Transcendental Meditation, 44  
 True self, 124  
*Tuesdays with Morrie*  
   (Album), 99
- V**
- The Varieties of Religious  
 Experience* (James), 101  
 Vatican Council II, 37,  
 119, 120  
 Vivaldi, A., 83  
 Voice, heard by author, 92–105,  
 108–128, 129
- W**
- Waldfoegel, S., xxii  
 Wolpe, P., xxii
- Z**
- Zen practice, 43–46