

Contents at a Glance

<i>Introduction</i>	1
<i>Part I: America Before It Was “America”</i>	7
Chapter 1: The Rich, Troubled Past of the American Indian	9
Chapter 2: The Great Migrations	27
Chapter 3: The Development of the Ancient Cultures	41
Chapter 4: Hardly a Vast Wasteland: America before 1492	57
Chapter 5: Settling Down: Tribal Settlements after the Great Migrations	67
Chapter 6: The Five Civilized Tribes	91
Chapter 7: A Tally of Important Tribes	107
<i>Part II: Interacting with Others</i>	125
Chapter 8: “Columbus Sailed the Ocean Blue”	127
Chapter 9: The Spanish and French Stake Their Claims	137
Chapter 10: Native American Chiefs and Notable Women	159
Chapter 11: Battle Cries and Peace Pipes	179
Chapter 12: Delving into the Details of U.S.-Indian Relations	203
<i>Part III: Working for a Living</i>	215
Chapter 13: Mother Love	217
Chapter 14: Dressing for Purpose and Pride	229
Chapter 15: Home, Native Home	243
Chapter 16: Tools and Transportation	253
<i>Part IV: All in the (Native American) Family</i>	267
Chapter 17: Tribes, Clans, and Bands	269
Chapter 18: Native Languages	279
Chapter 19: The Faith of Their Fathers . . . And How Native Americans Worship Today	287
<i>Part V: In a Modern World Not of Their Making</i>	297
Chapter 20: The Slow Dwindling of Native Americans	299
Chapter 21: What’s a Tribe, Who’s an Indian, and What’s the BIA Got to Do With It	309
Chapter 22: Native Americans: Today and Tomorrow	317

<i>Part VI: The Part of Tens</i>	333
Chapter 23: Ten Native American Museums and Cultural Centers.....	335
Chapter 24: Ten (Plus) Worthy Movies and Documentaries about Native Americans and Their History.....	339
<i>Index</i>	347

Table of Contents

***Introduction*..... 1**

About This Book.....	2
Conventions Used in This Book	2
What You're Not to Read.....	2
Foolish Assumptions	3
How This Book Is Organized.....	3
Part I: America Before It Was "America"	3
Part II: Interacting with Others	4
Part III: Working for a Living.....	4
Part IV: All in the (Native American) Family	4
Part V: In a Modern World Not of Their Making	4
Part VI: The Part of Tens	4
Icons Used in This Book.....	5
Where to Go from Here.....	5

Part I: America Before It Was "America" 7

Chapter 1: The Rich, Troubled Past of the American Indian 9

The Price of Greatness	9
In the Beginning	10
The theories	10
The stages and waves.....	11
And don't forget the K-Man.....	11
The Tribes of Then and Now	12
Unexpected Visitors.....	13
A Plethora of Persistent Personalities.....	13
War Stories	14
Dysfunction Junction.....	15
The seven ways	16
Stepping up	16
Daily Life.....	17
Home Is Where the Hearth Is.....	17
Prey tell.....	18
All aboard	18
Family First	19
A woman's work	19
The kids are alright	19
Language Lab.....	20
Language groups	20
More than words	20
Words as weapons.....	20



Pray Tell.....21
 Animal spirits.....21
 Water.....22
Rituals.....22
Christian Indians.....23
The Indian Population Decline . . . and Hope for the Future.....23
Native American Identity Today.....24
 Don't all tribes own casinos?.....24
 Problems and solutions.....25
A Bright Future.....26

Chapter 2: The Great Migrations 27

How'd Everyone Get Here Anyway?.....27
 Crossing a bridge to somewhere: Beringia.....28
 Arriving by water.....29
 Other theories.....30
The Three Immigration Waves.....32
 Clovis, Folsom, and Plano.....32
 Na-Dene.....34
 The Inuits and Aleuts.....34
The Stages of the Earliest Americans.....35
 The Paleoindian period.....35
 The Archaic period.....36
 The Post-Archaic period.....37
 The Woodlands.....37
 The Pueblos.....38

Chapter 3: The Development of the Ancient Cultures 41

Clovis, Folsom, and Plano (11,500 B.C.).....41
 Clovis.....42
 Folsom.....43
 Plano.....44
Adena and Hopewell (1000 B.C.–A.D. 1000).....44
 Adena.....45
 Hopewell.....45
Hohokom and Mogollon (A.D. 200–1450).....46
 Hohokam.....46
 The Mogollon.....51
 The Ancestral Puebloans: The people formerly known as Anasazi...53

Chapter 4: Hardly a Vast Wasteland: America before 1492 57

Taking Advantage of Vast Resources.....58
 Altering the lay of the land.....58
 Changing course — the river's course.....59
 Going after game.....59
 Valuing vegetation.....60

Cultural Diversity That Was Hardly Primitive61
 Native medical wonders62
 Watching the skies.....62
 We, the people62
 Debunking Pre-Columbian Stereotypes.....63
 Playing with numbers63
 Dumpster diving for truth64
 Culture clash64

**Chapter 5: Settling Down: Tribal Settlements
 after the Great Migrations 67**

The Major Culture Areas67
 The Arctic and the Subarctic.....68
 Location, location, location69
 Braving the brrrrr!.....69
 Catching up on their culture.....69
 Hunting wildlife.....70
 Some Arctic and Subarctic tribes.....70
 The Eastern Woodlands71
 Getting the lay of the land71
 Understanding what life was like72
 Some Eastern Woodlands tribes.....73
 The Southeast.....74
 The area.....74
 Farming, fishing, and hunting75
 Life, leaders, and language.....75
 Some Southeast tribes77
 The Plains.....77
 Taking a peek at the Plains.....77
 Living life in the Plains.....78
 Some Plains tribes79
 The Southwest.....80
 The land and its location.....80
 Surviving the desert.....81
 Some Southwest tribes81
 The Great Basin and Plateau83
 Taking a look at the terrain83
 Fishing and foraging plus83
 Some Great Basin and Plateau tribes.....84
 The Pacific Northwest85
 Home sweet (and rainy) home85
 Sustaining life in the Pacific Northwest.....86
 California87
 California and its climate.....87
 Nice, but not 90210.....88
 Some California tribes89

Chapter 6: The Five Civilized Tribes	.91
What's in a Name — a Tribal Name	92
Choctaw: The First Code Talkers	92
How they lived	93
European contact and loss of lands	93
The “other” code talkers	95
Cherokees and the Trail of Tears	95
Clans	95
How they lived	96
Medicine persons	97
Lucky number seven	97
Encountering Europeans	97
Surviving against all odds	99
Chickasaw: They Were Called Warriors	100
The upright stick	100
At the hands of a friend	101
Family feuds	101
On the wrong side	102
Creek	102
The center of the circle	103
Red Sticks, White Sticks	104
Forced out	104
Seminole: The Unconquered People	104
Problems aplenty	105
The Second Seminole War	105
The Third Seminole War	106
Chapter 7: A Tally of Important Tribes	.107
Navajo: “The People”	107
Navajo life	108
War and peace	108
The Long Walk	109
Lakotas, Nakotas, and Santee	110
The buffalo	111
The Sioux Wars	113
Wounded Knee	114
Chippewa: We are Anishinabe	114
Pueblo: The First Apartment Buildings	115
Apache: Uncertain Origins	116
The Jicarilla	117
Red Clan, White Clan	117
Politics	118
War	118
Iroquois: Call Us Haudenosaunee	119
The Iroquois way of life	120
Inspiring the founders	120
Choosing sides	121

Alaska: The Tlingit	122
Two moities	122
Dinner's served	123
The Russians	124
The Brotherhood	124
<i>Part II: Interacting with Others</i>	125
Chapter 8: "Columbus Sailed the Ocean Blue"	127
Sifting through Fact and Fiction	127
Columbus's First Voyage (1492–1493)	129
Wiping Out the Welcoming Arawaks	130
"We could subjugate them all"	131
The Requirement and other bull(s)	131
Columbus's Three Other Voyages	133
Voyage two: The first slave roundup (1493–1496)	133
Voyage three: Mutiny and insurgency (1498–1500)	134
Voyage four: Stranded on Jamaica (1502–1504)	134
The Impact of Christopher Columbus	134
Chapter 9: The Spanish and French Stake Their Claims	137
John Cabot: England's First Steps in the New World	137
Amerigo Vespucci: America's Namesake	139
Pónce de León: Conquering the Tainos	140
The good people	140
Enslaving Puerto Rico	140
The search for the Fountain of Youth?	141
Seeking slaves?	142
Hernándo Cortés: Conquering the Aztecs	142
A tussle in Tabasco	143
All fired up	143
In the halls of Montezuma	143
Blood bath	144
Jacques Cartier: Discovering Canada and the Great Lakes	145
Not so fast	146
Meeting the Iroquois	146
Rumors of gold = a ticket home	147
The second and third voyages	147
Hernando De Soto: Creating Hostile Relations with Southeastern Natives	148
Two views of De Soto	149
"North America belongs to Spain"	149
Pearl plunder	150
Francisco Vasquez de Coronado: Exploring the Southwest	151
Seven golden cities?	151
Hello — we're in charge	152

Fighting for food	152
A-quiver over Quivira	153
Marquette, Jolliet, and La Salle: Charting the Mississippi	153
Marquette and Jolliet	154
La Salle — Claiming the Mississippi	156
Leaving the Native People Reeling.....	157
Playing one against the other	158
Making them sick.....	158

Chapter 10: Native American Chiefs and Notable Women159

Men of the 16th and 17th Centuries.....	159
Powhatan (Powhatan, c. 1547–c. 1618)	160
Squanto (Pawtuxet, c. 1580s–1622).....	161
Men of the 18th Century	162
Pontiac (Ottawa, c. 1712/1725–1769).....	163
Tecumseh (Shawnee, c. 1768–1813).....	164
Chief Seattle (Suquamish, c. 1786–1866).....	165
The 19th Century	166
Cochise (Chiricahua Apache, c. 1812–1874).....	166
Geronimo (Chiricahua Apache, 1829–1909).....	167
Sitting Bull (Sioux, Lakota, c. 1831–1890).....	168
Crazy Horse (Sioux, Oglala Lakota, c. 1840–1877)	170
Chief Joseph (Nez Perce, 1840–1904)	171
Notable Indian Women: Not Stay-At-Wigwam Ladies	173
Pocahontas (Powhatan, c. 1595–1618)	173
Sacagawea (Shoshone, 1787–1812).....	175
Wilma Mankiller, Cherokee leader (1945–).....	176
Ada Deer (Menominee, 1935–).....	177

Chapter 11: Battle Cries and Peace Pipes179

Weapons of Choice.....	180
War Parties Weren't No Parties	183
The Colonial Era from 1621–1775.....	184
What happened at the first Thanksgiving?	185
King Philip's War (1675–1676).....	186
The French and Indian War (1754–1763).....	187
Pontiac's Rebellion (1763).....	188
The American Revolution (1775–1783)	188
The Indian View of the American Revolution.....	189
The Louisiana Purchase	190
Westward Ho	191
Lewis and Clark and the Corps of Discovery.....	191
The War of 1812.....	193
Native Americans in the Civil War (1861–1865)	194
The Indian Wars	195
The Sand Creek Massacre (1864)	196
The Black Hills War (1876–1877)	197
Wounded Knee (1890).....	199
Native Americans in America's 20th-Century Wars	200

Chapter 12: Delving into the Details of U.S.-Indian Relations203

Tribal Sovereignty204
 Treaties (1608–1830).....205
 Such a deal?.....205
 The Treaty with the Delaware Indians (1778).....206
 The Treaty of New Echota (1835).....206
 Removal (1830–1850).....207
 Reservations (1850–1871).....208
 Assimilation (1871–1928).....208
 Reorganization (1928–1942).....210
 Termination (1943–1968).....211
 Self-Determination (1961–present).....212
 Major Recent Acts of Congress Concerning Indians213
 The Indian Self-Determination and Education
 Assistance Act (1975).....213
 The Indian Health Care Improvement Act (1978).....213
 The American Indian Religious Freedom Act (1978)213
 The Indian Child Welfare Act (1978).....214
 The Native American Graves and Repatriation Act (1990).....214

Part III: Working for a Living.....215

Chapter 13: Mother Love217

A Mother Feeds Her Children217
 Food on Four Legs.....218
 Hunting for survival218
 Hunting practices today219
 Making Good Use of Rich and Fertile Land.....221
 The first crops221
 Native American farming today222
 Seeking Seafood.....223
 Fish weirs223
 Other fishing methods223
 Skins: The Lucrative Fur Trade225
 The three periods of the North American fur trade225
 The impact of the fur trade on the Indians226

Chapter 14: Dressing for Purpose and Pride229

Native Garb229
 Loincloths.....230
 Deerskin shirts.....230
 Deerskin leggings.....230
 Ceremonial Garb231
 Plains war shirts232
 Paint232
 Masks232

Native American Accessories	233
Wampum belts	233
Feathers	235
Beads	236
Footwear	236
Headdresses	238
Traditional Dress Today	239
Dressing for a powwow	239
Fashion looks to the past	240
Chapter 15: Home, Native Home	243
Wooden Homes	243
Plankhouses	244
Longhouses	244
Hogans	245
Chickees	246
Tipis	246
Other Indian Dwellings	248
Wigwams and wickiups	248
Igloos	249
Earth lodges	250
The Earliest Apartment Buildings	250
Native American Housing Today	251
The Mohawk Steelworkers	252
Chapter 16: Tools and Transportation	253
Hunting and Trapping	253
Bow and arrow	253
Traps	254
Carrying the Load	256
Baskets	257
Bowls	258
Other containers	259
Travel Plans	260
Dugout canoe	260
Bark canoe	260
Kayak and umiak	261
Bull boat	262
Snowshoes	262
Plank canoe	263
Travois	264
Sled	265
Toboggan	265

***Part IV: All in the (Native American) Family*267**

Chapter 17: Tribes, Clans, and Bands269

Coming to Terms in Indian Society.....	270
Men Ruled the Roost? Hardly.....	272
The Role of Women.....	272
A world of differences.....	273
Workin' for a living.....	273
Homemakers.....	274
Craftspeople.....	274
Farmers.....	275
Children.....	275
Child's play.....	275
Rituals and trials.....	276

Chapter 18: Native Languages279

An Impossible Question?.....	279
The Slow Extinction of Native Languages.....	280
The "English only" movement.....	281
Can the damage be repaired?.....	282
Sign Language.....	282
Little Written Down?.....	283
Language As (the White Man's) Weapon.....	284
Language As (the Native American) Weapon.....	285

**Chapter 19: The Faith of Their Fathers . . . And How
Native Americans Worship Today287**

In the Beginning . . . Native Peoples' Creation Myths.....	287
The Elements and the Deities.....	288
Tools of the Spiritual Trade.....	290
Peyote.....	291
Musical instruments.....	291
Foods.....	293
Stone and wood fetishes.....	293
The Totem Pole.....	293
The giant trees used.....	294
What totem poles mean.....	294
Christian Indians? Not a Contradiction!.....	295
Civilizing "savages" through Christ.....	296
Native American Christians today.....	296

Part V: In a Modern World Not of Their Making297**Chapter 20: The Slow Dwindling of Native Americans299**

Too Much to Defend Against	300
Defenseless Against Dastardly Diseases	300
Medical mayhem	301
The first epidemics	303
Smallpox during the American Revolution	304
Fighting.....	305
Starvation.....	305
Extermination	305
Today's Challenges	307

Chapter 21: What's a Tribe, Who's an Indian, and What's the BIA Got to Do With It309

The Evolution of Indian Agencies	309
The 1775 Continental Congress addresses the Indian issue.....	310
John C. Calhoun's bold move.....	310
What the BIA does.....	311
What It Takes to Be a Tribe.....	312
What it takes to be officially designated an Indian	313
Blood quantum quandaries.....	314
The anti-BQ brigade	315
When the BIA says no	316

Chapter 22: Native Americans: Today and Tomorrow317

An Indian By Any Other Name	317
Repatriation: Resting in Peace.....	319
Native American Stats	321
Income	321
Education	322
Occupations	322
Alcoholism and the Native American	323
Mineral Wealth and Offshore Banking: Native American	
Economic Bright Spots	324
The banking Blackfeet	324
Money from mineral rights.....	325
The Top Ten Tribes Today	327
Cherokee.....	327
Navajo	328
Sioux.....	328
Chippewa/Anishinabe.....	328
Choctaw.....	328
Pueblo.....	329
Apache	329

Lumbee329
 Iroquois.....329
 Creek329
 How Native Americans Ended Up in the Casino Business330
 The Seminoles were first331
 The 1988 Indian Gaming Regulatory Act331
 Sharing the wealth?.....332

Part VI: The Part of Tens.....333

Chapter 23: Ten Native American Museums and Cultural Centers . . .335

The National Museum of the American Indian (Smithsonian Institution; Washington, D.C., New York, Maryland).....335
 The Indian Museum of North America (South Dakota).....336
 The Museum of Indian Culture (Pennsylvania).....336
 The Plains Indian Museum (Wyoming)336
 The Indian Pueblo Cultural Center (New Mexico)336
 The Anasazi Heritage Center (Colorado).....337
 The Museum of the Cherokee Indian (North Carolina).....337
 The Iroquois Indian Museum (New York)337
 The Mid-America All-Indian Center (Kansas)338
 The Wounded Knee Museum (South Dakota)338
 Also Worth Noting . . .338

Chapter 24: Ten (Plus) Worthy Movies and Documentaries about Native Americans and Their History339

Little Big Man (1970).....339
 Powwow Highway (1989)340
 Dances with Wolves (1990)340
 The Last of the Mohicans (1992).....341
 Christmas in the Clouds (2001).....341
 Atanarjuat (2001)342
 The Native Americans (Documentary, 1994).....342
 500 Nations (Documentary, 1995).....343
 Lewis & Clark: The Journey of the Corps of Discovery (Documentary, 1997).....344
 Smoke Signals (1998)344
 Skins (2002).....345
 Images of Indians: How Hollywood Stereotyped the Native American (Documentary, 2003).....345
 The Journals of Knud Rasmussen (2006).....346

Index.....347

