

Index

A

Abuse: physical, 86; sexual, 64, 67–68
Academic performance, 69
Accomplishments, 108
Acting-out behaviors, 8, 9, 78
Adler, F., 35
Adolescence: and dating violence, 66;
 difficulty of, 17; and witnessing, 65
Adrenaline, 63–64
African American girls, 33, 75
African American men, 43
Aggravated assault, 35
Aggression: alternative ways of, 106;
 from denial to understanding,
 24–30; and difference between
 girls' violence and boys' violence,
 30–36; and handling anger, 87–89;
 hidden, becoming outward vio-
 lence, 23–37; hidden culture of,
 33; nature of female, 87; overt
 expressions of, 8–10
Aggressor effect, 90
Alcohol, 8, 42, 59, 62–63, 69, 77.
 See also Substance abuse
American Correctional Association,
 62, 76
American youth violence epidemic,
 24
Amish culture, 78

Anger, handling, 87–89, 111, 123
Antisocial behavior, 83
Arrest rates, 44–47; by gender, 45
ART model: and acting as role model,
 96–100, 111–112; for communi-
 ties, 143–147; of parenting, 17–19,
 95–118; and reaching out to
 others, 100–104, 112; for schools,
 123–130; sticking with, 105–106;
 talking and listening in, 104–105,
 113
Artz, S., 74
Asian girls, 75
Assertiveness: healthy, 108; rising tide
 of female, 35
Athletic teams, hazing on, 120–122

B

Backbiting, 107
Bandura, A., 85, 90
Big Brothers Big Sisters, 71
Biological factors, 63–64, 77, 86
Bobo the Clown beanbag study, 97
Bok, S., 83
Borden, L., 3
Boston, 7–9, 16, 47, 124, 148–149,
 152
Boyfriend, distinguishing good *versus*
 bad, 109–110

- Bullying, 11–12, 107, 108; and acting as example, 111–112; dealing with, 110–113; and reaching out to others, 112; and schools, 131–133; and talking and listening, 113
- C**
- California juvenile detention centers, 64
- Cartoons, 84, 89
- Cat fights, 47
- Cattiness, 32–34
- CDC. *See* Centers for Disease Control and Prevention (CDC)
- Center for Women Policy Studies, 86
- Centers for Disease Control and Prevention (CDC), 42, 43, 49, 66. *See also* Youth Risk Behavior Surveillance System (YRBSS); Centers for Disease Control and Prevention (CDC)
- Chemical makeup, 63
- Chesler, P., 34, 87, 90
- Children's Defense Fund, 150
- Children's television, 84
- Cigarettes. *See* Tobacco use
- Class, 75–76
- Clique activity, 62
- Columbine High School, 20–21, 54, 107, 129
- Communities: and acting as role model, 144; ART model for, 143–147; changing dynamic of roles girls play in violence in, 139–143; and parent advocacy, 147; questions regarding, 148–150; and reaching out to others, 144–146; and talking and listening, 146–147
- Community mental health services, 138
- Confidence, 102
- Conflict resolution skills, 82, 98–100, 123
- Consequences, constructive, 133–134
- Control, loss of, 114–115
- Cortical production, 63–64
- Creative punishment, 108, 113, 133–134; frequently asked question concerning, 114–118; key principles of, 117–118; in schools, 133–134
- Crime: data on rate of violent, 44–51; poverty and, 61; sisters in, 35
- Cultural influences, 68–69, 79
- D**
- Dating violence, 65–67, 124; and date rape, 67–68; and parenting, 109–110
- Davis, G., 84
- Denial, 24–30
- Detroit, Michigan, 82
- Developmental experts, 124
- Difference, biological: of girls, 5–6; myth of, 84–91
- Discipline, punitive, *versus* constructive, 126
- Discipline, strategic, 126
- Dorchester, Massachusetts, 151
- Drug use, 62, 64, 69, 83; and addiction, 64; and poverty, 61; and selling drugs, 59
- E**
- Eating behaviors, 9, 12
- Empathy, 126
- Empower program, 33, 34
- Enough* (cinema), 31

- Entertainment media, 68
 Environment, nurturing, 73–74
 Environmental factors, 84, 108
 Eron, L., 29, 77, 82, 87–88, 159
 Europe, 131
 Eve (hip-hopper), 84
 Example, learning through, 85. *See also* Imitation
 Exclusion, 9
 Experience, filters of, 97
 Extended families, 72
- F**
 Family, 73–74
 Fear, 63–64
 Federal Bureau of Investigation (FBI), 14, 42; Most Wanted List, 48
 Female criminality, 35
 “Female Delinquency Cases” (U.S. Justice Department), 45
 Fighting, 50–51
 Fighting back, girls’, 4, 27–28, 31–32, 85
 Fight-or-flight response, 63–64
- G**
 Gang activity, 62
 Garbarino, J., 78, 83
 Gender equality, 82
 Genetic factors, 63–64
 Genetic protection, 78–79
 Gilligan, C., 72
Glory (cinema), 117
 Grounding, 115–116
 Gun availability, 60–61, 77, 79. *See also* Weapons
- H**
 Hazing behaviors, 5, 120–122
 Head Start, 72
High School Hazing: When Rites Become Wrongs (Nuwerz), 121
 Hispanic girls, 75
 Hollywood, 31, 87
 Homicide, 35; increase in youth, 24; rates of, 52–53; women and girls as perpetrators of, 47–48
- I**
 “I” messages, 99, 112, 123
 Illinois, 47
 Imitation, 96–97; and imitating adults on television, 97
 Imitative effect, 90
 Impulsivity disorder, 63
In a Different Voice: Psychological Theory and Women’s Development (Gilligan), 72
 Individual identity, 101
 Influence, circles of, 70
 Information, 39–55; and reviewing numbers, 44–51
 Interpersonal skills, 111
 Intimidation, 111
- J**
 Jealousy, 66
 Juvenile arrest rates, changes by gender, 45
 Juvenile justice system, 135
- K**
Kill Bill (cinema), 88, 107
Killing Fields (cinema), 117
 King, M. L., Jr., 3
- L**
 Latina girls, 75
 Laugh tracks, 89
 Lead poisoning, 72

Levi's, 83
 Lopez, J., 31
Lost Boys: Why Our Sons Turn Violent and How We Can Save Them (Garbarino), 83
 Love, C., 84

M

MADD. *See* Mothers Against Drunk Driving (MADD)
 Manson, C., 3
 Marijuana use, 70
Mayhem: Violence as Public Entertainment (Bok), 83
Mean Girls (cinema), 33
 "Mean Girls" (*New York Times Magazine*), 32
 Meanness, 11
 Media, 17; and biological difference of girls, 84–91; children's programming in, 84; effect on boys *versus* on girls, 82–83; entertainment, 68; girls' response to violence in, 91; and learning to enjoy violence, 89–91; literacy, 124; new social norm in, 85; and perpetration, 86; socialization and, 77; violence, 77, 80–81
 Mentoring, 71, 128–129
 Modeling response, 90
 Monroe, M., 83
 Mother Goose, 3
 Mothers Against Drunk Driving (MADD), 150
Murder Is No Accident (Prothrow-Stith and Spivak), 16, 58

N

National Collegiate Athletic Association (NCAA), 120–121

National Institute of Justice, 42
 Neglect, 86
 Negotiation, 111
 Ness, C., 31
 Neurotransmitters, 63–64
New York Times, 33
New York Times Magazine, 32
 Nonvictim, 16, 17
 Nuwer, H., 121

O

Odd Girl Out: The Hidden Culture of Aggression in Girls (Simmons), 32, 33
 Olveus, D., 131, 132
Ophelia Speaks (Shandler), 25
 Over inclusion, 74

P

Parent advocacy, 147
 Parenting, 72; and acting as role model, 96–100; ART model of, 17–19, 95–106; and dating violence, 109–110; and reaching out to others, 100–104; sticking with ART model of, 105–106; surrogate, 74; and talking and listening, 104–105; violence prevention tips, 108; and violence to daughter, 106–113
 Parents, network of, 103–104, 108
 Peers, 68, 132; reaction of, to bullying, 132
 Perpetration, 86
 Philadelphia, 31, 39, 42
 Pink Power Ranger (television), 84, 85
 Playground images, 28–29
 Poverty, 61, 77
 Power, 11, 81–82

Power plays, 11–12
 Power Rangers, 85
 Pregnancy, teen, 64
 Prevention, 15–16
 Professional caregivers, 102–103, 108
 Prostitution, 59, 64, 83

Protective factors: and academic
 performance, 74–75; and building
 on success, 72–73; multiple levels
 of operation of, 69–71; and
 nurturing environment, 73–74;
 race and class issues in, 75–76

Prothrow-Stith, D., 16, 17, 58

Prothrow-Stith, M., 16

Prothrow-Stith, P., 16

Punishment, creative. *See* Creative
 punishment

Putdowns, 11–12, 111, 121

Q

“Queen bees,” 10, 11, 32, 33

Queen Bees and Wannabes (Wiseman),
 32, 33

Queen Latifah, 84

R

Race, 75–76, 108

*Raising Children in a Socially Toxic
 Environment* (Garbarino), 78

Reaching out, 12–13, 69

Reporting, 43

Respect, 111–112, 125–128

Revenge, 82

Risk factors: biological, 63–64;
 clustered nature of, 59–60; and
 gun availability, 60–61; multiple
 levels of operation of, 69–71; and
 poverty, 61; and social and cultural
 influences, 68–69; and substance
 abuse, 62–63

Role model, 96–100; and bullying,
 111–112; and role playing, 108;
 and schools, 123–125

Rug Rats (television series), 84

Running away, 64, 65, 83

S

Sarandon, S., 84

Scandinavia, 131

School threats, 67–68

Schools: and acting as role model,
 123–135; ART model for,
 123–130; changing experience of,
 120–122; frequently asked ques-
 tions concerning, 130–138; impor-
 tance of, 122; and integrating
 violence prevention into class-
 room, 135–136; as multiservice
 centers, 126–128; and partnerships
 with public service organizations,
 136–138; and reaching out to
 others, 125–128; and reports of
 violence in homes, 138; role of
 parents in, 135; and talking and
 listening, 128–130; tips for,
 119–138

Seattle, Washington, 60

Self-defense, myth of, 31–32

Self-destructive behaviors, 8, 9, 12,
 59, 77–78, 83

Self-esteem, 101

Self-medication, 62

Serotonin, 63–64

Set It Off (cinema), 84

Sex, Power, and the Violent School Girl
 (Artz), 74

Sexism, 108

Sexual abuse, 67–68

Sexual activity, 69

Sexual promiscuity, 59

Shandler, S., 25
Sheroes, 29
 Sibling imitation, 115–116
 Simmons, R., 32, 33
Sisters in Crime (Adler, F.), 35
 Social influences, 68–69
 Socialization, 77, 78, 84, 86; and socializing boys more like girls, 29–30
 Spivak, H. R., 16, 17, 58
 Spivak, L., 17
 Spivak, Z., 17
 Submissiveness, 9
 Substance abuse, 12, 62–63
 Success, building on, 72–73
 Suicide attempts, 64, 65
 Superhero, feminization of, 6, 77–92; and media violence, 80–81; and women's liberation movement, 81–82
Supershero, 6

T

Talking: in car, 105, 118; failure in, 102; forums for, 129–130; and listening, 104–105; and schools, 129–130
 Teacher intervention, 113
 Teen pregnancy, 67
 Television, 124; imitating adults on, 97; and learning to enjoy violence, 89–91; violence, 82–83
 Temple University, 39
Thelma and Louise (cinema), 84
 Thurman, U., 107
 Tobacco use, 59, 62, 69
 Tolerance, 125–128
 Toxic environment, 71, 83, 89; definition of, 19–21

U

Underemployment, 75
 Understanding, 126
 United States Department of Justice, 45
 United States Department of Juvenile Justice and Delinquency Prevention, 45
 Urban problem, youth violence as, 30

V

Vancouver, British Columbia, 60
 Venom spewing, 104
 Victimization: and blaming victim, 27–28, 54; fearing grief and, 64; from, to perpetration, 86; and poverty, 61; sexual, 62; and witnessing violence, 64–68
 Violence: cycle of, 64–68, 83; dating, 65–67, 124; learning to enjoy, 89–91; as religion, 82; reporting acts of, 42, 43; rise of physical, 13; stranger, 31; television, 82–83; women and, 34–35
 Violence, girls': and arrest rates, 45–46; and behaviors reported by girls, 49–50; and cattiness gone wild, 32–34; characteristics of, 48–49; developing prevention focus for, 15–16; difference between, and boys', 30–36; and fighting, 50–51; and fighting back, 31–32; rise of physical, 13; and sisters in crime, 32–34; and weapon carrying, 50
 Violence, youth: challenge of, 19–21; second wave of, 14–15; third wave of, 24–30, 35

Violent behavior, girls': genetic protection from, 78–79; and new social norm, 85; and television violence, 82–83

Violent crime, rates of, 44–51

W

Weapons, 30, 42, 49, 50, 88. *See also* Gun availability

Widom, C. S., 86

Wiseman, R., 32, 33

Withdrawal, 9

Witnessing, and victimization, 64–68, 77

Woman's Inhumanity to Woman (Chesler), 34, 87

Women's liberation movement, 81–82, 85

X

Xena: Warrior Princess (television series), 84

Y

"You" messages, 99

Youth Risk Behavior Surveillance System (YRBSS); Centers for Disease Control and Prevention (CDC), 49–51, 68, 79–80

YRBSS. *See* Centers for Disease Control and Prevention (CDC); Youth Risk Behavior Surveillance System (YRBSS)

Z

Zero tolerance policies, 121; in schools, 133–134

