

Index

See also Accommodations and Restaurant indexes, below.

GENERAL INDEX

A abaco Bahamas Charters, 46, 58, 204

Abaco Club on Winding Bay (Marsh Harbour), 206

Abaco National Park, 207

The Abacos, 28, 198–227

transportation, 198, 200

what's new in, 1–2

Abacos Train Wreck, 205

Abraham's Bay (Mayaguana Island), 294

Accommodations, 62–65, 303.

See also Accommodations Index; and *specific destinations*

best, 11–14

Ace Tennis Center (Grand Bahama), 11, 165

Acklins Island, 290–293

Adderley's Plantation (Long Island), 290

Adirondack, 205

African-American travelers, 54

Air travel, 42–44, 302

Albert Lowe Museum (Green Turtle Cay), 224–225

Albert Town (Fortune Island), 293

Albury's Ferry Service, 200, 207–208, 213, 215

Albury's Sail Shop (Man-O-War Cay), 214

Alice Town (Bimini), 173–176, 181–182

accommodations, 177–178

beaches and outdoor activities, 179–181

nightlife, 182

restaurants, 178–179

American Express, 49, 71, 297, 299

Andros, 28, 172–173, 185–197

accommodations and restaurants, 189–194

attractions, 196–197

beaches and activities, 6–7, 57, 194–196

transportation, 186, 188–189

Andros Barrier Reef, 195

Andros Conservancy and Trust, 194

Androsia batik, 196, 207, 213, 254

Andros Island Bonefish Club, 57, 190

Andros Town, 188, 190

Architecture, 22–23

Ardastra Gardens (New Providence), 98, 100

Area code, 297

Armbrister Plantation (Cat Island), 279

Arthur's Town (Cat Island), 276

Atlantic Undersea Testing and Evaluation Centre (AUTEC), 195

Atlantis (lost continent), 181

Atlantis Paradise Island Resort & Casino, 1, 13, 116–119

for adults, 121

attractions, 131

guided tours, 120

nightlife, 15–16, 135–136

outdoor activities, 11, 131–133

restaurants, 126–131

shopping, 134

spa, 121, 133

ATM machines, 46–47

Bahama Mama (Grand Bahama), 10, 162

Bahamas Billfish Championship, 40

Bahamas Ferries, 200, 230, 244, 258

Bahamas National Trust (New Providence), 100

Bahamas Out Island Adventures (Eleuthera), 242

Bahamian Loch Ness Monster, 195

Balcony House (New Providence), 101

Bamboo Point (San Salvador), 283

Barbary Beach (Grand Bahama), 161

Barefoot Sailing Cruises (New Providence), 10, 95

Beaches. See also *specific beaches*

Andros, 194

best, 3, 6

Bimini, 179

Elbow Cay, 207, 211–212

Eleuthera, 234, 238

the Exumas, 265

Grand Bahama, 160–161

Green Turtle Cay, 223

Harbour Island, 252

Long Island, 287

Marsh Harbour, 204

New Providence, 26–27, 92–94

Paradise Island, 131–132

San Salvador, 283

Treasure Cay, 218

Ben Blue Hole (Grand Bahama), 6, 164

Benjamin's Blue Hole (Andros), 195

Ben's Cave (Grand Bahama), 8, 164

Berry Islands, 28, 172, 183–185

Betsy Bay (Mayaguana Island), 294

Bette Cay, 270

Big Major Cay, 271

Biking, 59

Andros, 189

Elbow Cay, 208

Grand Bahama, 161

Green Turtle Cay, 220

Harbour Island, 244, 253

Marsh Harbour, 201

New Providence, 94

San Salvador, 280

Treasure Cay, 217

- Bimini**, 26–27, 172, 173–182
 accommodations, 176–178
 attractions, 181–182
 beaches and outdoor activities, 179–181
 nightlife, 182
 restaurants, 178–179
 transportation, 174–175
 what's new in, 2
- Bimini Bay Beach**, 179
- Bimini Bay Rod and Gun Club**, 182
- Bimini Big Game Resort & Yacht Club**, 39, 177–182
- Bimini Blue Water Marina**, 180
- Bimini Museum**, 181–182
- Bimini Reef Club Beach**, 179
- Bimini Sands Beach**, 179
- Bimini Straw Market**, 181
- Bimini Undersea**, 181
- Bird Rock Lighthouse (Crooked Island)**, 293
- Bird-watching**, 197, 207, 242, 286, 294–296
- Blackbeard's Tower (New Providence)**, 101
- Blue Lagoon Island**, 10, 69
- Boat charters and rentals**, 45–46. *See also* Fishing the Abacos, 204–205
 Elbow Cay, 212
 the Exumas, 265–266
 Great Guana Cay, 215
- Boat travel and cruises**. *See also* Ferries; Mail boats
 Grand Bahama, 161–162
 New Providence, 94–109
- Boiling Hole (Eleuthera)**, 243
- Books, recommended**, 29–30
- Born Free Charters (New Providence)**, 9, 95
- Brendal's Dive Center (Green Turtle Cay)**, 223, 224
- British Colonial Hilton (New Providence)**, 76, 106–107
- Buccaneer Public Beaches (Eleuthera)**, 238
- Bullock's Harbour (Great Harbour Cay)**, 183, 184
- Business hours**, 297
- Cabbage Beach (Paradise Island)**, 3, 26, 131
- Cable Beach (New Providence)**, 25, 66–113
 accommodations, 78–84
 beaches and outdoor activities, 3, 92–97
 nightlife, 112–113
 restaurants, 89–92
 sights and attractions, 98–103
 transportation, 68, 70–71
- Cable Beach Golf Course (New Providence)**, 10–11, 59, 96
- Calendar of events**, 39–42
- Cape Eleuthera**, 231–233
- Cape Santa Maria Beach (Long Island)**, 287
- Capt. Z Fishing and Dive Charters (Eleuthera)**, 242
- Cargill Creek (Andros)**, 190, 194
- Car rentals**, 44, 302–303
- Casinos**
 Grand Bahama, 169
 New Providence, 112–113
 Paradise Island, 119, 131, 133, 135
- Castle Island**, 293
- Casuarina Point (Marsh Harbour)**, 204, 206
- Cat Cay**, 173
- Cat Cay Yacht Club**, 174
- Cat Island**, 6, 274–279
- Cat Island Dive Center**, 279
- Cat Island Regatta**, 41, 276–277
- Caves (caverns)**, 166, 241, 242–243, 290
- The Caves (Grand Bahama)**, 6, 164
- Caves Beach (New Providence)**, 26–27, 93
- Cellphones**, 60–61
- Central Andros National Park**, 194
- Central Bank of The Bahamas (New Providence)**, 101
- Cherokee Sound (Marsh Harbour)**, 206
- Chicago Herald Monument (San Salvador)**, 283, 284
- Children, families with**, 13, 53–54, 150
- Christ Church Cathedral (New Providence)**, 107
- Chub Cay**, 184–185
- Churchill's Beach (Grand Bahama)**, 161
- Cigars**, 36, 102, 110
- Clarence Town (Long Island)**, 290
- Climate**, 37–39
- The Cloister (Paradise Island)**, 131, 133–134
- Club Med–Columbus Isle (San Salvador)**, 14, 280–283, 285
- Club Peace & Plenty (Great Exuma)**, 9, 259, 263, 264, 266, 268
- Coakley Town (Andros)**, 188
- Cockburn Town (San Salvador)**, 285
- Coco Bay (Green Turtle Cay)**, 223
- Colonel Hill (Crooked Island)**, 292
- Columbus, Christopher**, 19, 30, 41, 276, 281, 284, 286, 290, 291
- Conception Island**, 286
- Congo Town (Andros)**, 188, 193, 194
- Consulates**, 297
- Cotton Bay Club (Eleuthera)**, 231, 232
- Count Basie Square (Grand Bahama)**, 140, 169–170
- Crafts**, 23, 102, 111, 140, 167, 168, 207, 267, 271
- Credit cards**, 47–49
- Crooked Island**, 290–293
- Crooked Island Passage Light**, 291
- Crossing Rocks (Marsh Harbour)**, 206–207
- Cruise lines**, 68, 138
- Currency and exchange**, 46–47
- The Current (Eleuthera)**, 242–243
- Current Cut Dive (Eleuthera)**, 7, 252
- Customs regulations**, 36–37
- Darby Islands**, 270
- Deadman's Cay (Long Island)**, 290
- Deadman's Cay Cave (Long Island)**, 290
- Deal's Beach (Long Island)**, 287
- Delaporte Beach (New Providence)**, 27, 93
- Deveaux Mansion (Cat Island)**, 279
- Disabilities, travelers with**, 51–52
- Dive Abaco (Marsh Harbour)**, 205
- Diving**. *See* Scuba diving
- Dixon Hill Lighthouse (San Salvador)**, 280, 284–285
- Dolphin Experience (Grand Bahama)**, 162
- Donny's Boat Rentals (Green Turtle Cay)**, 224
- Drug laws**, 297
- Dry Heads (Little Exuma)**, 279
- Dundas Center (Nassau)**, 112
- Dunmore's Caves (Long Island)**, 290

- Dunmore's Plantation (Long Island), 290
 Dunmore Town (Harbour Island), 244–245, 253–254
- E**ast Beach (San Salvador), 283, 284
 East End (Grand Bahama), 140, 142, 163
 East End Adventures (Grand Bahama), 163
 Ecotourism, 24, 55–56, 163
 Eight Mile Rock (Grand Bahama), 171
 Elbow Cay, 8, 207–213
 Electricity, 297
 Eleuthera, 28–29, 228–255
 Eleuthera Pineapple Festival, 40
 Elizabeth Harbour (Great Exuma), 256, 267
 E-mail, 61–62, 299
 Emancipation Day, 41
 Embassies, 297
 Emerald Bay (Exumas), 29, 261
 Emerald Bay Golf Club (Exumas), 11, 266
 Emeralds, 111, 134, 167
 Emergencies, 49–50, 297
 End of the World Bar (Bimini), 182
 Entry requirements, 36
 Exuma Cays Land and Sea Park, 7, 10, 24, 29, 256, 266, 267, 272
 The Exumas, 29, 256–273
 transportation, 258–259
 what's new in, 2
- F**amily Island Regatta (Exumas), 10, 40, 260
 Farmer's Cay Festival, 39–40
 Farquharson's Plantation (San Salvador), 285
 Fernandez Bay (Cat Island), 276, 283, 284
 Ferries
 the Abacos, 200
 Acklins Island, 291
 Crooked Island, 291
 Elbow Cay, 207–208
 Eleuthera, 230
 the Exumas, 258
 Great Guana Cay, 215
 Harbour Island, 244
 Man-O-War Cay, 213–214
 Nassau, 71
 Paradise Island, 115
 Spanish Wells, 255
 Ferry (Little Exuma), 269
 Festivals, 39–42
 Fishing, 57
 Andros, 194–195
 best, 9
 Bimini, 180
 Eleuthera, 242
 the Exumas, 266
 Grand Bahama, 162–163
 Great Guana Cay, 215
 Great Harbour Cay, 183, 184
 Green Turtle Cay, 9, 220, 224
 Harbour Island, 253
 Long Island, 289–290
 Marsh Harbour, 204
 Mayaguana Island, 294
 New Providence, 95–96
 Paradise Island, 132
 San Salvador, 283
 tournaments, 39–42, 216, 220, 224, 271
 Treasure Cay, 9, 218
 Fleming Bay (Great Exuma), 268
 Flamingos. *See* Pink flamingos
 Flying Cloud (New Providence), 10, 95
 Fort Charlotte (New Providence), 102
 Fort Fincastle (New Providence), 102, 104, 106
 Fort Montagu (New Providence), 102–103
 Fortune Beach (Grand Bahama), 161
 Fortune Hills Golf & Country Club (Grand Bahama), 163
 Fortune Island, 293
 Fountain of Youth, 19, 181
 Freeport/Lucaya (Grand Bahama), 25–26, 137–171
 accommodations, 143–153
 beaches, 160–161
 layout of, 140–141
 nightlife, 169–170
 organized tours, 166
 outdoor activities, 161–165
 restaurants, 153–160
 shopping, 167–169
 sights and attractions, 166
 transportation, 138, 141–142
 visitor information, 138
 French Leave Beach (Eleuthera), 238
 French Wells Bay (Crooked Island), 293
 Fresh Creek (Andros), 191–192
 Froggies Out Island Adventures (Elbow Cay), 8, 212
- G**arbanzo Beach (Elbow Cay), 211, 212
 Gasoline, 298
 Gaulding's Cay (Eleuthera), 233
 Gay and lesbian travelers, 52–53
 George Town (Great Exuma), 9, 259, 263, 264, 266, 268
 Glass Window (Eleuthera), 241
 Goat Cay, 270
 Gold Rock (Grand Bahama), 8, 164
 Gold Rock Beach (Grand Bahama), 161
 Golf, 59
 best courses, 10–11
 Eleuthera, 232, 244
 the Exumas, 266
 Grand Bahama, 163
 New Providence, 96
 Paradise Island, 132
 Treasure Cay, 218
 Goodman's Bay (New Providence), 27, 93
 Goombay, 30–31, 69, 182
 Goulding Reef Cays (New Providence), 7, 97
 Government Building (Nassau), 267
 Governor's Harbour (Eleuthera), 235–239
 Grand Bahama International Airport, 138
 Grand Bahama Island, 25–26, 137–171. *See also*
 Freeport/Lucaya
 accommodations, 143–153
 beaches, 160–161
 layout of, 140–141
 nightlife, 169–170
 organized tours, 166
 outdoor activities, 161–165
 restaurants, 153–160
 shopping, 167–169
 sights and attractions, 166
 transportation, 138, 141–142
 visitor information, 138
 what's new in, 1
 Grand Bahama Nature Tours, 161, 164
 Graycliff (New Providence), 76, 106
 Grays Plantation (Long Island), 290
 Great Abaco Island, 201–207
 Great Guana Cay, 214–216
 Great Harbour Cay, 183–184
 Great Inagua Island, 294–296

Great Salt Pond (Little Exuma), 270
 Green Turtle Cay, 219–225
 Green Turtle Club Fishing Tournament, 220, 224
 Green Turtle Club Resort & Marina, 9, 12, 14, 220–224
 Green turtles, 24, 286, 295
 Gregory Arch (New Providence), 106
 Gregory Town (Eleuthera), 28, 239–242
 Grotto Bay (San Salvador), 283
 Guana Cay, 270

Handcrafts. *See* Crafts
 Happy People Marina (Staniel Cay), 271

Happy Trails Stables (New Providence), 60, 96
 Harbour Island, 29, 228, 243–254
 accommodations, 245–249
 beaches and outdoor activities, 252–253
 nightlife, 254
 restaurants, 249–252
 shopping, 254
 sights and attractions, 253
 transportation, 244

Hatchet Bay (Eleuthera), 239
 Hawksbill Cay, 272
 Hawksbill Creek (Grand Bahama), 140, 171
 Health concerns, 49–50
 Hemingway, Ernest, 27, 29, 30, 172, 173, 178, 180, 182
 Hermitage (Cat Island), 279
 Hermitage (Little Exuma), 269
 H. Forbes Charter Services Ltd. (Grand Bahama), 166
 High Rock (Grand Bahama), 140
 Hiking, 59, 242, 272
 History, 19–22, 30
 Hog Cay, 256, 270
 Hole-in-the-Wall (Marsh Harbour), 207
 Holidays, 298
 Holy Saviour Roman Catholic Church (San Salvador), 285
 Honeymoon resorts, best, 11–13
 Hope Great House (Crooked Island), 293
 Hope Town (Elbow Cay), 207–213
 Horseback riding, 60, 96, 164
 Hospitals, 49–50, 298
 Hurricane season, 37

Inagua National Park, 24, 296
 Insurance, 298–299
 International Bazaar (Grand Bahama), 140, 154, 168–169
 Internet access, 61–62, 299
 Isle of Capri (Grand Bahama), 148, 169

James Bond movies, 29, 32, 97, 271
 J.I.C. Boat Rentals & Treasure Divers (Treasure Cay), 218–219
 Junkanoo, 31, 39, 42, 81, 260
 Junkanoo Beach (New Providence), 27, 94
 Junkanoo Expo (New Providence), 103

Kayaking, 58–59, 164, 242, 266–267
 Kidd Cay (Great Exuma), 268
 Kidd's Cove (Great Guana Cay), 214–215
 King's Highway (Bimini), 175, 182

Lil' Shan's Watersports (Harbour Island), 253
 Little Exuma, 268–270
 Little Harbour (Marsh Harbour), 206
 Little Inagua Island, 295
 Long Bay (San Salvador), 283
 Long Island, 7, 8, 286–290
 Long Island Regatta, 40, 287
 Lost and found, 299
 Love Beach (New Providence), 94, 96
 Lowe Sound Settlement (Andros), 194
 Lucaya (Grand Bahama). *See* Freeport/Lucaya
 Lucaya Beach (Grand Bahama), 161
 Lucayan Golf Course (Grand Bahama), 11, 59, 163
 Lucayan National Park (Grand Bahama), 7, 59, 140, 161, 166
 Lucaya Watersports (Grand Bahama), 165
 Lusca, 195
 Lynden Pindling International Airport (New Providence), 42, 68, 114

Magazines, 300
 Mail, 299

Mail boats, 45
 the Abacos, 200
 Acklins Island, 291
 Andros, 186
 Bimini, 175
 Cat Island, 276
 Crooked Island, 291
 Eleuthera, 230
 the Exumas, 258–259
 Great Harbour Cay, 183
 Great Inagua, 295
 Long Island, 287
 Mayaguana Island, 293
 San Salvador, 280

Majestic Tours Ltd. (New Providence), 10, 95, 107–108
Major Spot (Exumas), 271
Mangrove Cay, 188, 196
 accommodations, 192–193
 restaurants, 194

Manjack Cay, 223
Man-O-War Cay, 213–214
Marine Farms Fortress (Crooked Island), 292
Markets. *See also* Straw Market
 Grand Bahama, 171
 Nassau, 98, 112

Marsh Harbour (Great Abaco), 200–207
Mastic Point (Andros), 186
Matthew Town (Great Inagua), 295
Mayaguana Island, 293–294
Memorial Sculpture Garden (Green Turtle Cay), 224
Mermaid Reef and Beach (Elbow Cay), 8, 205
Minns Water Sports (Great Exuma), 10, 259–268
Miss Emily's Blue Bee Bar (Green Turtle Cay), 225
Money matters, 46–49
The Moorings (Marsh Harbour), 10, 46, 58, 205
 restaurants, 203

Morgan's Bluff (Andros), 186, 188, 196
Morton Salt Crystal Factory (Great Inagua), 294, 295
Mount Alvernia (Cat Island), 279
Mount Kerr (San Salvador), 280
Movies, recommended, 32
Moxey Town (Andros), 188
Music, recommended, 30–32

Nassau (New Providence), 25, 66–113
 accommodations, 73, 76–78
 beaches and outdoor activities, 92–97
 layout of, 69–70
 nightlife, 112–113
 organized tours, 107–109
 restaurants, 84–89
 shopping, 109–112
 sights and attractions, 98–109
 transportation, 68, 70–71
 visitor information, 69
 walking tour, 103–107
 what's new in, 1

Nassau General Post Office (New Providence), 70, 73, 104

Nassau International Airport (New Providence), 42, 68, 114

Nassau Public Library and Museum (New Providence), 70, 104

Nassau Yacht Haven (New Providence), 87, 96

National Art Gallery of The Bahamas (New Providence), 100

New Plymouth (Green Turtle Cay), 219–225

New Providence Island, 25, 66–113. *See also* **Cable Beach**; **Nassau**
 accommodations, 73–84
 arrival in, 68
 beaches and outdoor activities, 92–97
 layout of, 69–70
 nightlife, 112–113
 organized tours, 107–109
 restaurants, 84–92
 shopping, 109–112
 sights and attractions, 98–109
 transportation, 70–71
 visitor information, 69
 what's new in, 1

Newspapers, 300

New World Museum (San Salvador), 285

Nicholl's Town (Andros), 186, 192

Nightlife, best, 15–16

Norman's Cay, 273

North Andros, 186

Ocean Beach (Green Turtle Cay), 223

Ocean Club Golf Club (Paradise Island), 11, 59, 132

Ocean Hole (Rock Sound), 231

Ocean Motion Water Sports Ltd. (Grand Bahama), 8, 165

Ocean Wonder (Grand Bahama), 10, 161–162

Off Island Adventures (Great Exuma), 266

Old Fort Beach (New Providence), 94

Olympic Games Memorial (San Salvador), 284

One&Only Ocean Club (Paradise Island), 11, 12, 120–121, 127, 132

Over-the-Hill (New Providence), 102

Package tours, 56–57

Palmetto Point (Eleuthera), 234–235

Paradise Beach (Paradise Island), 27, 132

Paradise Island, 25, 114–136
 accommodations, 115–125
 beaches, 131–132
 favorite experiences, 69
 layout of, 115
 nightlife, 135–136
 outdoor activities, 131–133
 restaurants, 125–131
 shopping, 134–135
 sights and attractions, 133–134
 transportation, 114–115
 what's new in, 1

Paradise Island Casino, 119, 131, 133, 135

Parliament Square (New Providence), 70, 104

Passports, 36, 300

Pelican Cays, 211–212

Pelican Cays Land and Sea Park, 7, 205

People-to-People Program (New Providence), 101

Perfumes, 112, 169

Pete Johnston's Foundry (Marsh Harbour), 206

Pigeon Cay, 269

Pigeon Creek (San Salvador), 283

Pinetree Stables (Grand Bahama), 60, 164

Pink flamingos, 24, 98, 100, 294, 296

Pink Sands Beach (Eleuthera), 3, 243, 252

Pirates of Nassau (New Providence), 103

Pirate's Well (Mayaguana Island), 294

Pittstown Point (Crooked Island), 292

Police, 300. *See also specific destinations*

Port Lucaya. *See* **Freeport/Lucaya**

Port Lucaya Marketplace (Grand Bahama), 167–168
 restaurants, 156–160

Port Nelson (Rum Cay), 286

Post offices, 299

Potter's Cay, 98

Preacher's Cave (Eleuthera), 242–243

Pretty Molly Bay (Little Exuma), 269

Prince George Wharf (New Providence), 69, 107

Prospect Ridge (New Providence), 106

Queen's Highway (Bimini), 182

Queen's Highway (Great Exuma), 259, 268

Queen's Staircase (New Providence), 70, 104

Racing Time in Abaco (Marsh Harbour), 40–41, 201

Radio Beach (Bimini), 179

Rain Forest Theater (New Providence), 113

Rand Nature Centre (Grand Bahama), 59, 140, 166

Rawson Square (New Providence), 69, 103

Red Bay Village (Andros), 197

Reef Golf Course (Grand Bahama), 11, 59, 148, 163

Reef Tours, Ltd. (Grand Bahama), 9, 162–163, 165

Rental properties, 64–65

Restaurants. *See also* **Restaurant Index**; *and specific destinations*
 best, 14–15
 cuisine, 32–34

Riding Rock Inn Resort & Marina (San Salvador), 280, 282, 283, 285

Robinson Crusoe (New Providence), 95, 108

Robinson Crusoe Beach Party (Grand Bahama), 162

- Rock Sound (Eleuthera), 29, 231–233
- Rolle Town (Little Exuma), 269
- Rolleville (Great Exuma), 268
- Rose Garden (Grand Bahama), 6, 164
- Rose Island, 10, 108
- Rose Island Reefs (New Providence), 7, 97
- Royal Victoria Hotel (New Providence), 70, 104
- Rum Cay, 286
- S**addle Cay, 6, 258
- Safety, 51, 300
 - Grand Bahama, 143
 - Nassau, 73
- Sailing, 58
 - the Abacos, 204–205
 - best, 9–10
 - the Exumas, 266
 - Great Guana Cay, 215
 - Green Turtle Cay, 224
 - New Providence, 94–95
- St. Andrew's Kirk (New Providence), 106
- St. Francis Roman Catholic Church (New Providence), 106
- Salt Pond Beach (Long Island), 287
- Sampson Cay, 272–273
- Sandals Royal Bahamian Hotel & Spa (New Providence), 11, 80–82
- Sandy Cay Reef, 212
- Sandy Point (San Salvador), 283
- San Jacinto, 219, 223
- San Salvador, 8, 280–285
- Sapona (wreck off Bimini), 7, 179
- Saunders Beach (New Providence), 27, 94
- Scuba diving, 58
 - Andros, 195–196
 - best, 6–7
 - Bimini, 181
 - Cat Island, 279
 - the Exumas, 265, 267
 - Grand Bahama, 164–165
 - Green Turtle Cay, 223–224
 - Harbour Island, 252–253
 - Long Island, 289–290
 - Marsh Harbour, 205
 - New Providence, 96–97
 - Paradise Island, 132
 - San Salvador, 283
 - Treasure Cay, 218–219
- Sea Horse Boat Rentals (Marsh Harbour), 205
- Sea Preserve and Fowl Cay Land (Marsh Harbour), 205
- Seasons, 37–39
- Seaworld Explorer (Grand Bahama), 162
- Seaworld Explorer (New Providence), 100–101
- Senior travelers, 53
- Shark dives, 97, 165
- Shark Wall (New Providence), 6, 97
- Silver Point Beach (Grand Bahama), 160
- Silver Point Reef (Grand Bahama), 8, 164
- Single travelers, 54–55
- Small Hope Bay Lodge (Andros), 191–192, 195, 196
- Smith's Point (Grand Bahama), 161
- Snorkeling
 - Andros, 195–196
 - best, 7–8
 - Bimini, 181
 - the Exumas, 265, 271
 - Grand Bahama, 164–165
 - Green Turtle Cay, 223–224
 - Harbour Island, 253
 - Long Island, 289–290
 - Marsh Harbour, 204, 205
 - New Providence, 96–97
 - Paradise Island, 132
 - San Salvador, 283
- South Andros, 188, 193
- South Bight (Andros), 192
- Southern Bahamas, 274–296
- Spanish Cay, 226
- Spanish Wells (Eleuthera), 29, 228, 230, 254–255
- Special events, 39–42
- Spit City (Grand Bahama), 6, 164
- Spook Hill Beach (Bimini), 179
- Staniard Creek (Andros), 188, 189–190
- Staniel Cay, 29, 270–272
- Staniel Cay Yacht Club, 271
- Starfish Exuma Adventure Center, 266–267
- Stocking Island, 6, 8, 259, 265, 267
 - accommodations, 261
- Straw Market
 - Bimini, 181
 - Freeport, 140, 169
 - George Town, 267
 - Nassau, 70, 107
 - Staniel Cay, 271
- Stuart Cove's Dive Bahamas (New Providence), 97
- Superior Watersports (Grand Bahama), 10, 162
- Surfers Beach (Eleuthera), 28, 241
- T**ahiti Beach (Elbow Cay), 3, 207, 211
- Taino Beach (Grand Bahama), 160, 161, 165
 - accommodations, 150–151
 - restaurants, 154–156
- Tappan Monument (San Salvador), 284
- Tarpum Bay (Eleuthera), 233
- Taxes, 300
- Taxis, 44–45. *See also specific destinations*
- Telephones, 60–61, 300–301
- Ten Bay Beach (Eleuthera), 3, 6, 234
- Tennis, 60
 - best facilities, 11
 - Grand Bahama, 165
 - Paradise Island, 132–133
 - San Salvador, 283
 - Treasure Cay, 218
- Three Sisters (Andros), 196
- Thunderball Grotto (the Exumas), 271
- Tilloo Cay, 211
- Time zone, 301
- Tipping, 301
- Tongue of the Ocean (TOTO), 7, 28, 172, 183, 185, 195
- Transportation, 43–46
- Traveler's checks, 49
- Traveling to the Bahamas, 42–43
- Treasure Cay, 216–219
- Treasure Cay Beach, 218
- Treasure Cay Billfish Championship, 216, 218
- Treasure Cay Golf Club, 59, 218
- Treasure Cay Marina, 9, 218
- Treasure Reef (Grand Bahama), 6, 164
- Turtle Cove Beach (Long Island), 287
- Turtles, green, 24, 286, 295
- U**ncle Charlie's Blue Hole, 195
- Underwater Explorer Society (UNEXSO; Grand Bahama), 6, 58, 162, 164–165, 168
- Union Creek Reserve (Great Inagua), 24, 295
- United Estates (San Salvador), 284

Valentines Dive Center (Harbour Island), 253
 Vendue House (New Providence), 107
 Victoria, Lake (Great Exuma), 259, 265
 Victoria Point Blue Hole (Andros), 188
 Villas rentals, 64–65
 Visas, 36
 Visitor information, 35–36. *See also specific destinations*
 Volunteer travel, 56

Walker's Cay, 226–227
 The Wall (Grand Bahama), 6, 164
 Warderick Wells, 272
 Water, drinking, 301
 Watersports, 57–59. *See also specific sports*
 Water taxis, 71, 115
 Watling's Castle (San Salvador), 285
 Weather, 37–39
 Wesley Methodist Church (Harbour Island), 253
 West Beach (Cabbage Beach; Paradise Island), 3, 26, 131
 West End (Grand Bahama), 140, 142, 171
 accommodations, 152–153
 Western Esplanade (New Providence), 27, 94
 Wild Tamarind (Long Island), 290
 Williamstown (Little Exuma), 269–270
 Windermere Island, 233–234
 Windsor, Lake (Great Inagua), 294
 Windsor Equestrian Centre (New Providence), 60, 96
 Windsurfing, 165, 218
 Women travelers, 54
 Woodes Rogers Walk (New Providence), 107
 Wyannie Malone Museum (Elbow Cay), 212
 Wyndham Nassau Resort (New Providence), 83
 casino, 15, 112–113
 restaurants, 89–91

Xanadu Beach (Grand Bahama), 3, 151–152, 160

ACCOMMODATIONS

Abaco Beach Resort & Boat Harbour, 201–202
 Abaco Inn (Elbow Cay), 12, 208, 210
 Adventurers Resort (Spanish Wells), 255
 Andros Island Bonefish Club, 57, 190
 Andros Lighthouse Yacht Club & Marina, 190
 Atlantis Paradise Island Resort & Casino, 13, 116–119, 133
 Bahama Beach Club (Treasure Cay), 217
 Bahama House Inn (Harbour Island), 248–249
 Baycanner Beach Resort (Mayaguana), 294
 Bell Channel Inn Hotel (Grand Bahama), 149–150
 Best Western Bay View Suites (Paradise Island), 123–124
 Best Western Castaways Resort & Suites (Grand Bahama), 13, 143, 146
 Big John's Conch Shell Bar & Hotel (Bimini), 176
 Bimini Bay Resort, 2, 176–179
 Bimini Big Game Resort & Yacht Club, 177–178
 Bimini Blue Water Resort Ltd., 178
 Bluff House Beach Hotel (Green Turtle Cay), 12, 220–221
 Breezes Bahamas (New Providence), 80
 Bridge Inn (Cat Island), 277
 British Colonial Hilton (New Providence), 76, 106–107
 Cape Santa Maria Beach Resort (Long Island), 287–288
 Cartwright's Ocean Front Cottages (Eleuthera), 233
 Casuarinas Villas (Crooked Island), 291–292
 Chef Neff's Getaway (Harbour Island), 249
 Chez Pierre (Long Island), 288
 Chub Cay Marina & Resort, 185
 Club Med—Columbus Isle (San Salvador), 14, 280, 281–282
 Club Soleil Resort (Elbow Cay), 208–209
 Cocobay Cottages (Green Turtle Cay), 221
 Coconut Cove Hotel (Great Exuma), 263
 Comfort Suites (Paradise Island), 124
 Compass Point (New Providence), 1, 84, 91–92
 Conch Inn Hotel & Marina (Marsh Harbour), 202
 Coral Sands (Harbour Island), 246
 Cotton Bay Estates (Rock Sound), 232
 The Cove (Paradise Island), 120
 The Cove Eleuthera, 239–240
 Crooked Island Lodge at Pittstown Point, 292
 Dolphin Beach Resort (Great Guana Cay), 215
 Duck Inn Cottages (Eleuthera), 236
 Dunmore Beach Club (Harbour Island), 245
 El Greco Hotel (New Providence), 77
 Emerald Palms Resort (Andros), 193
 Exuma Beach Inn (Great Exuma), 2, 259, 262
 February Point Resort Estates (Exumas), 2, 260
 Fernandez Bay Village (Cat Island), 14, 277
 Flamingo Bay Yacht Club & Marina Hotel (Grand Bahama), 151
 Flip Flops on the Beach (Great Guana Cay), 1–2, 215–216
 Four Seasons Resort Great Exuma at Emerald Bay, 261
 Gems at Paradise (Long Island), 288
 Graycliff (New Providence), 76, 106
 Great Harbour Inn (Great Harbour Cay), 184
 Green Turtle Club Resort & Marina, 12, 14, 220, 221–222
 Green Windows Inn (Andros), 192
 Greenwood Beach Resort & Dive Center (Cat Island), 277–278
 Hanks Place Restaurant & Bar (Andros), 191
 Hawk's Nest Resort & Marina (Cat Island), 278
 Hope Town Harbour Lodge (Elbow Cay), 209
 Hope Town Hideaways (Elbow Cay), 209
 Hotel Higgins Landing (Great Exuma), 261
 Hotel Riu Paradise Island, 122

- Island Hopplnn (Cat Island), 2, 278
- Island Palm Resort (Grand Bahama), 146
- Island Seas Resort (Grand Bahama), 143
- Kamalame Cay (Andros), 12, 189–190
- Lochabar Beach Lodge (Long Island), 288
- Lofty Fig Villas (Marsh Harbour), 202
- Love at First Sight (Andros), 190
- The Main House (Little Inagua), 296
- Mangrove Cay Inn, 192–193
- Nassau Palm Resort (New Providence), 77
- Ocean Reef Yacht Club & Resort (Grand Bahama), 1, 148
- Old Bahama Bay (Grand Bahama), 12, 152
- One&Only Ocean Club (Paradise Island), 12, 15, 120–121
- Orange Hill Beach Inn (New Providence), 83–84
- Palm Bay Beach Club (Great Exuma), 262
- Paradise Harbour Club & Marina, 125
- Paradise Island Beach Club, 122–123
- Paradise Island Harbour Resort, 123
- Peace & Plenty Bonefish Lodge (Great Exuma), 262–263
- Pelican Bay at Lucaya (Grand Bahama), 148–149
- Pigeon Cay Beach Club (Cat Island), 278–279
- Pineapple Fields (Eleuthera), 236–237
- Pink Sands (Harbour Island), 12–13, 245–246
- Port Lucaya Resort & Yacht Club (Grand Bahama), 149
- Powell Pointe at Cape Eleuthera Resort & Yacht Club, 232–233
- Quality Inn Cigatoo Resort (Eleuthera), 237
- Quality Inn Junkanoo Beach Nassau (New Providence), 77–78
- Rainbow Inn (Eleuthera), 239
- The Reef (Paradise Island), 1, 122
- Regatta Point (Great Exuma), 13, 263–264
- Riding Rock Inn Resort & Marina (San Salvador), 282
- Rock House Hotel (Harbour Island), 14, 246–247, 251
- Romora Bay Club & Resort (Harbour Island), 247
- Royal Islander (Grand Bahama), 146
- Royal Palm Resort & Suites (Grand Bahama), 146–147
- Runaway Hill Inn (Harbour Island), 247
- Sammy T's Beach Resort (Cat Island), 2, 279
- Sampson Cay Club, 272–273
- Sandals Royal Bahamian Hotel & Spa (New Providence), 11, 80–82
- Sandcastle Apartments (Eleuthera), 243
- Schooner's Landing (Man-O-War Cay), 214
- Sea Crest Hotel & Marina (Bimini), 178
- Seascape Inn (Mangrove Cay), 193
- Sea Spray Resort & Marina (Elbow Cay), 209–210
- Sheraton Cable Beach Resort, 13, 82, 90
- Sheraton Grand Bahama at Our Lucaya Resort, 147–148, 150
- Sivananda Ashramyoga Retreat (Paradise Island), 124
- Small Hope Bay Lodge (Andros), 191–192
- Spanish Cay Resort & Marina, 226
- Staniel Cay Yacht Club, 271–272
- Stella Maris Resort Club (Long Island), 13, 288–289
- A Stone's Throw Away (New Providence), 1, 84
- Sunrise Beach Club and Villas (Paradise Island), 123
- Surfers Beach Manor (Eleuthera), 240
- Taino Beach Resort (Grand Bahama), 150–151
- Tiamo (Andros), 192
- Tingum Village (Harbour Island), 249
- Treasure Cay Hotel Resort & Marina, 217
- Turtle Hill Vacation Villas (Elbow Cay), 210
- Unique Village (Eleuthera), 234
- Valentines Resort & Marina (Harbour Island), 248
- Viva Wyndham Fortuna Beach (Grand Bahama), 150, 152–153
- Walker's Cay Hotel & Marina, 226–227
- Walkine's Guest House (Little Inagua), 296
- Westin Grand Bahama at Our Lucaya Resort, 147–148, 150
- Westwind II Club (New Providence), 82–83
- Wyndham Nassau Resort & Crystal Palace Casino (New Providence), 83
- Xanadu Beach Resort and Marina (Grand Bahama), 151–152

RESTAURANTS

- Acquapazza Wine Bar & Ristorante (Harbour Island), 250
- Amici (New Providence), 90
- Anchorage (Spanish Wells), 255
- Anchorage Dining Room (Bimini), 178
- Angler's Restaurant (Marsh Harbour), 202–203
- Anthony's Caribbean Grill (Paradise Island), 130
- Arthur's Bakery and Café (Harbour Island), 250
- Atlas Grill and Sports Bar (Paradise Island), 130
- Avery's Restaurant & Grill (Harbour Island), 252
- Bahamian Club (Paradise Island), 15, 125
- Bahamian Kitchen (New Providence), 88
- Becky's Restaurant (Grand Bahama), 153
- Bimini Road (Paradise Island), 129
- Bishop's Restaurant (Grand Bahama), 160
- The Black Angus Grille (New Providence), 89
- Blue Lagoon (Paradise Island), 125–126
- Bobby Flay's Mesa Grill (Paradise Island), 1, 126
- Café at the Great Hall of Waters (Paradise Island), 126
- Café Martinique (Paradise Island), 127
- Café Matisse (New Providence), 86–87
- Café Skans (New Providence), 88

- Cambridge Villas (Eleuthera), 240
- Cap'n Jacks (Elbow Cay), 210
- Capriccio (New Providence), 90
- Carmine's (Paradise Island), 130
- Casa d'Angelo (Paradise Island), 127
- Casa Lyon (Bimini), 2, 178–179
- Charlie's Bar & Grill (Eleuthera), 237
- Chat & Chill (Great Exuma), 265
- China Beach (Grand Bahama), 154–155
- China Temple (Grand Bahama), 154
- Chopstix (Paradise Island), 127
- Churchill's (Grand Bahama), 155
- Cigatoo Restaurant (Eleuthera), 237
- The Club House Restaurant (Green Turtle Cay), 222
- Coconut Cove (Great Exuma), 264–265
- Coconut's (Treasure Cay), 218
- Columbus Tavern (Paradise Island), 130
- Compass Point Restaurant (New Providence), 91–92
- Conch Fritters Bar & Grill (New Providence), 89
- The Cove (Eleuthera), 240–241
- Cozy Corner (Little Inagua), 296
- Curly Tails Restaurant & Bar (Marsh Harbour), 203
- Double Dragon (New Providence), 89
- Dune (Paradise Island), 15, 127–128
- East Villa Restaurant and Lounge (New Providence), 87
- Emerald Palms Resort (Andros), 194
- Fathoms (Paradise Island), 128
- Ferry House (Grand Bahama), 156
- Forest (Long Island), 289
- Geneva's (Grand Bahama), 153–154
- Georgie's (Grand Bahama), 159
- Giovanni's Café (Grand Bahama), 157
- Graycliff (New Providence), 85
- The Harbour Lounge (Harbour Island), 251–252
- The Harbour Room (Grand Bahama), 157
- Harbour's Edge (Elbow Cay), 210–211
- Hibiscus Café (Man-O-War Cay), 214
- Hope Town Harbour Lodge (Elbow Cay), 211
- Humidor Churrascaria (New Providence), 85
- Iries (Grand Bahama), 155
- Iva Bowe's Central Highway Inn Restaurant & Bar (Great Exuma), 268
- The Jib Room (Marsh Harbour), 203
- Kermit's Airport Lounge (Great Exuma), 265
- La Dolce Vita (Grand Bahama), 157
- The Landing (Harbour Island), 15, 248, 250–251
- Laura's Kitchen (Green Turtle Cay), 222
- Lee's Café (Eleuthera), 237–238
- Luciano's (Grand Bahama), 156–157
- Luciano's of Chicago (New Providence), 87
- Mangoes Restaurant (Marsh Harbour), 15, 203
- Marketplace (Paradise Island), 128
- Ma Ruby's (Harbour Island), 250
- Mate & Jenny's Pizza Restaurant & Bar (Eleuthera), 234–235
- Max's Conch Grill (Long Island), 289
- Mediterranean Restaurant & Bar (Grand Bahama), 158
- Moso (New Providence), 14, 90–91
- Muriel's Bakery (Eleuthera), 235
- News Café (Paradise Island), 131
- Nippers Beach Bar & Grill (Great Guana Cay), 216
- Nobu (Paradise Island), 14, 121, 128–129
- Outrigger's Native Restaurant/White Wave Club (Grand Bahama), 159
- Pammy's Takeaway (Eleuthera), 238
- The Pepper Pot (Grand Bahama), 154
- Pisces (Grand Bahama), 158
- Plymouth Rock Liquors & Café (Green Turtle Cay), 222
- Poop Deck (New Providence), 87
- The Poop Deck at Sandy Port (New Providence), 91
- Prop Club (Grand Bahama), 155–156
- Provence (New Providence), 91
- Pub at Lucaya (Grand Bahama), 158
- The Pub on the Mall (Grand Bahama), 154
- Restaurant Sip Sip (Harbour Island), 252
- Ristorante Villagio (New Providence), 85–86
- Rock House Restaurant (Harbour Island), 15, 251
- Rock Inn Restaurant (San Salvador), 282–283
- Rooster's Rest Pub & Restaurant (Green Turtle Cay), 222–223
- Runaway Hill Club (Harbour Island), 251
- Sammy's Place (Eleuthera), 233
- Samson Cay Club, 272–273
- Sapodilly's Bar & Grill (Marsh Harbour), 203–204
- Seaview Takeaway (Harbour Island), 249
- Shenanigan's Irish Pub (Grand Bahama), 158–159
- Shoal Restaurant and Lounge (New Providence), 88
- Silvano's (Grand Bahama), 153
- Sole Mare (New Providence), 89–90
- Spinnaker Restaurant & Lounge (Treasure Cay), 218
- Sun and . . . (New Providence), 14, 86
- The Tackle Box (Bimini), 179, 182
- Taj Mahal (New Providence), 88
- Tippy's Restaurant, Bar & Beach (Eleuthera), 238
- Travellers Rest (New Providence), 92
- Unique Village Restaurant & Lounge (Eleuthera), 235
- Walker's Cay Hotel & Marina, 226–227
- Wally's (Marsh Harbour), 204
- Water's Edge (Paradise Island), 129
- Willy Broadleaf (Grand Bahama), 156
- The Wrecking Tree Bar & Restaurant (Green Turtle Cay), 223
- Zorba's (Grand Bahama), 159–160