

CONTENTS

About the AARP Foundation	viii
Foreword Robert N. Butler, M.D.	x
Preface Mary Robinson	xi
The Editors	xv
Contributors	xvi
PART ONE: THE WORLD AND ITS AGING POPULATION	
1. World Policies on Aging and the United Nations <i>Alexandre Sidorenko</i>	3
2. Population Aging: A Global Overview <i>Mary Beth Weinberger</i>	15
3. The World Health Organization and Global Aging <i>Alex Kalache</i>	31
4. Leadership and Governance Challenges for Global Health and Aging <i>Derek Yach</i>	47
5. Perception of Aging in Different Cultures <i>Frank E. Eyetsemitan</i>	58
PART TWO: COUNTRIES WITH HIGH RATES OF LONGEVITY	
6. Healthy Aging in Denmark? <i>Bjarne Hastrup</i>	71
7. Challenges of Longevity in France: The International Longevity Centre-France Perspective <i>Françoise Forette and Marie-Anne Brieu</i>	85
8. Healthy Aging in Finland <i>Pekka Puska</i>	96

9. Healthy Aging in Germany	106
<i>Ulla Schmidt</i>	
10. Healthy Aging from Seventy to Over One Hundred in Germany: Lessons from the Berlin Aging Study	118
<i>Jacqui Smith and Paul B. Baltes</i>	
11. Challenges of Productive Aging in Japan	128
<i>Shigeo Morioka</i>	
12. Healthy Aging in the Netherlands	140
<i>C.I.J.M. Ross-van Dorp</i>	
13. Aging in Spain: Working Toward Creating New Rights in the Welfare State	149
<i>José Luis Rodríguez Zapatero</i>	
14. Health and Aging in Sweden	157
<i>Barbro Westerholm</i>	
15. Aging in the United Kingdom	168
<i>Sally Greengross</i>	
16. Healthy Aging in the United States	177
<i>Jeanette C. Takamura</i>	
PART THREE: COUNTRIES FACING RAPID POPULATION AGING IN THE NEXT TWENTY TO THIRTY YEARS	
17. Health and Aging in Africa	187
<i>Nana Araba Apt</i>	
18. Aging of Populations: Is China's Pattern Unique?	197
<i>Lincoln Chen and Lingling Zhang</i>	
19. Health and Aging in India	208
<i>Sharad D. Gokhale</i>	
20. Health and Aging in the Eastern Mediterranean Region	215
<i>Mohamed H. El-Banouby</i>	
21. Health and Aging in Russia	226
<i>Vladimir Kh. Khavinson and Olga N. Mikhailova</i>	
22. Health and Aging in Latin America and the Caribbean	238
<i>Enrique Vega</i>	

**PART FOUR: LEADERS IN RESEARCH
AND INNOVATIVE PROGRAMS**

23. The Biology of Aging: Current Research and
Expected Future Gains 249
George M. Martin and Joshua Lederberg
24. Exceptional Longevity 257
Thomas Perls and Dellara F. Terry
25. Cities, Sociodiversity, and Strategy 275
Jaime Lerner
26. Creating a Healthy Environment for Aging Populations 281
Gloria M. Gutman
27. How Government, Business, and Social Sector Partnerships
Can Finance Programs for the Aging 292
A. James Forbes, Jr.
28. Policies and Practices Affecting Health and Longevity of People
with Disabilities: Lessons from the United Kingdom 300
Hector Medora and Angela Hassiotis
29. Keeping People Active: Continuing Education Programs that Work 313
Julia Preece and Brian Findsen
30. Longevity's Impact on Retirement Security 323
C. Robert Henrikson
31. Improving Health Care in America: Lessons Learned from the
Global Village 337
William D. Novelli

PART FIVE: EPILOGUE: THE ROAD AHEAD

32. Epilogue: The Road Ahead 351
Erik Olsen