



Heather Worosz, MBA & Masters Strategic Leadership Towards Sustainability, CPCC, ORSC-T

Professional Expertise/Services: Executive Coaching, Leadership Development, Team Development, Training and Organization Development.

Short bio: As an experienced leadership coach, trainer and facilitator, Heather creates open and courageous spaces to illuminate and explore what's most important. Heather has coached and consulted with individuals and teams in multinational corporations, SME's, NGO's and educational institutions in North America, Europe, the Middle East and Asia. Having worked in a diversity of settings and cultures around the world, Heather has a well developed capacity to meet people where they are, build trusting relationships and champion progress toward desired results. Heather brings a real warmth, openness and fortitude to her coaching and consulting work that allows her to navigate challenging environments with a sense of positivity and possibility. Heather has coached leaders through complex, transformational change processes, facilitated dialogues between Palestinians and Israelis in the West Bank and mediated charged disputes as a volunteer with Community Justice Initiatives. Rather than dwelling on what is not working, Heather focuses on what wants to be created and the strengths and opportunities that can be leveraged to realize aims. At the same time, she is astute at revealing and naming what is going on beneath the surface that may be keeping things stuck. This awareness and understanding allows for more informed decision making and ultimately leads to better choices and outcomes. Heather has a Masters in Business Administration, a Masters in Strategic Leadership towards Sustainability and a Bachelor's degree in International Relations. She is a Certified Co-active Leadership Coach (CPCC) with the Coaches Training Institute (CTI) and is a trained Organization and Relationship Systems Coach (ORSC-T) with the Centre for Right Relationship. Heather has studied a variety of participatory dialogue, learning and change frameworks that she draws on in her coaching and consulting practice.

Areas of Expertise:

My areas of focus and expertise include: Executive coaching, leadership development, team coaching and development, training, facilitation, mediation / conflict resolution, strategic planning and organization development.

Associations: Member of Strategic Capability Network, CTI's Co-active Coaching network, ORSC-Global

Recent Assignments

- Executive coach for University Leadership Development Program targeting health care professionals
- Leadership Team Development & Organization Development– Facilitation of senior team organizational restructuring planning, team coaching and development (Client: Large social services agency)
- Team coaching and development (client: Global technology company)
- Individual coaching clients (organizational leaders, entrepreneurs and health care professionals)
- Contract consultant in Sweden and Canada with an international non-profit:
 - Co-developed and co-facilitated a training and coaching program for Masters students at a Ontario university
 - Co-created a turn-key sustainability leadership course now in use across North America and Europe

Education and Professional Affiliations

Masters in Strategic Leadership Sustainability, BTH, Sweden

M.B.A. Simon Fraser University, Vancouver, BC

BA, International Relations, University of British Columbia

Certified Professional Co-Active Coach (CPCC)

Organization & Relationship Systems Trained Coach (ORSC-T)

Contact Information

Heather Worosz

44B Karen Walk,

Waterloo, Ontario

N2L5X2

519-729-4278

hktworosz@yahoo.com