

Cancellation Policy

Our primary goal is provide the best possible service to our clientele. In order to accomplish this goal, our company works on an appointment-based schedule to allow you the private and individualized time required for your personal-training session.

Because of this schedule, it is important that clients provide their trainer with proper notice when they need to cancel an appointment. This means a cancellation should be made at least 12 hours before the scheduled appointment. Failure to cancel a training session within the time stated above will result in the client being charged for that session.

We understand that in times of emergencies and illness this is not always possible. Circumstances such as these will be taken into consideration.

I have read the above policy and agree to its terms as it applies to my personal-training package and trainer.

Signed: _____

Date: _____

Witnessed: _____