



Catherine Fellenz, Coach/Consultant

Cathy Fellenz, CPCC, is a life coach and leadership consultant with over 30 years experience in nonprofits. Having started as a counselor and served in senior management and executive director roles, Cathy now coaches individuals seeking change and consults with organizations in transition. Her services include that of interim executive director and transition consultant, including corporate restructuring.

Recent Assignments -

Executive Transitions

Interim Executive Director: YWCA Greater Newburyport, MA; Rape Crisis Center of Central Massachusetts; United Way of Greater Attleboro/Taunton, MA; Transition Consultant for Executive Search, Worcester Community Action Council.

Coaching and Consulting

Coach the Relationships between Executive Directors and Board Chairs, and/or co-directors; Coach Executive Directors participating in leadership development programs of the Barr Foundation and Greater Worcester Community Foundation; Designed and facilitated Board Self Assessments, Retreats and Long Range Planning: Audio Journal, Inc., Worcester Comprehensive Child Care Services, Together For Kids Coalition; Presented Board Development Workshops: Higgins Armory, Preservation Worcester, People in Peril Shelter, Worcester County Ecumenical Council; Project Manager, Building Brighter Futures with Youth, United Way of Central MA.

Workshops/Courses Taught

Leadership Is a Relationship and *Managing Executive Transitions* - Workshops for Maine Association of Nonprofits; *Worcester Leadership Engagement And Development* – year long Chamber of Commerce endorsed personal, professional and civic leadership program; *Board Relationships & Volunteer Management* - Graduate course in Non Profit Management program, Worcester State College; *For Board Chairs Only*, workshop for Greater Worcester Community Foundation.

Education and Professional Affiliations

Master of Education in Counseling, University of Massachusetts, Amherst
Bachelor of Arts, cum laude, University of Massachusetts, Amherst

Recent Professional Training

Organization & Relationship Systems Coaching, and Co-Active Coach Training and Certification, The Coaches Training Institute
Interim Executive Director Seminar, CompassPoint for Third Sector New England
Mediation Training, Worcester Community Mediation Center
Advanced Board Consulting Workshop, BoardSource

Contact Information

CATHERINE S. FELLEENZ

19 Prescott Drive

Kennebunkport, ME 04046

(508)791-1202

cathyfellenz@coachcathy.com