



## Val Brown-Daye

Val Brown-Daye, ordained Minister and Certified Christian Life coach, founded Abiding Touch Life Coaching, L.L.C. in response to her own personal quest for purpose & destiny. With over 10 years in ministry and 20 years of leadership experience in corporate America, this dynamic speaker, teacher, facilitator, coach and trainer demonstrates a sincere passion for people and a genuine commitment to their success.

### Professional Expertise/Services

Val graduated from Syracuse University with a dual degree in Broadcast Journalism and Sociology. She quickly rose to key corporate positions at Merrill Lynch, AT&T (formerly NJ Bell Telephone), and TIAA-CREF, specializing in relationship building, financial services, and training. Reverend Daye is currently an ordained Itinerant Elder in the African Methodist Episcopal Church, where she has served in various leadership roles including women's ministry, marriage counseling, and Christian education.

As a Certified Christian Life Coach, Val's mission is to provide services that foster spiritual growth and personal renewal for women *seeking more* on the journey of life. Her monthly newsletter inspires hundreds of subscribers. An accomplished preacher, she has also spoken at numerous community and corporate events to rave reviews. Her Book, "Letting Purpose In..." is scheduled to be released later this year. She resides in the Charlotte NC area with her husband Brian and their teenage son Jared.

### Recent Assignments

- Created and facilitated a public workshop for women on redesigning their lives to live out their true purpose and passions in life
- Support businesses and Churches on effective leadership through the Kouzes & Posner "Leadership Challenge" program
- Create and facilitate the "Student Leadership Challenge" in local communities
- Coach to assistant pastor looking to enhance leadership skills to be promoted within the Church
- Coach to several woman looking to understand their purpose and take steps to achieve personal goals
- Facilitate coaching program for Church leaders
- Currently working on two books

### Education and Professional Affiliations

- B.S. in Broadcast Journalism, Syracuse University
- B.A. in Sociology, Syracuse University
- Qualified in Myers Briggs Type Indicator
- Trained and experienced facilitator for Kouzes & Posner's "Leadership Challenge"

### Contact Information

Abiding Touch Life Coaching, LLC  
14231 Market Square Drive #150  
Huntersville, NC 28078-6528  
Tel: (704) 992-1213  
Fax: (704) 992-1019 \* Email: [val@abidingtouchlifecoaching.com](mailto:val@abidingtouchlifecoaching.com)  
Website: [www.abidingtouchlifecoaching.com](http://www.abidingtouchlifecoaching.com)