



## Rick Martinez

### **Professional Expertise/Services**

Mr. Martinez has owned and operated Peak Performance Systems Inc, a training and development company since 1995. Previous to that he spent 10 years working as an internal performance consultant for Westinghouse Hanford Company. With over 23 years of experience Mr. Martinez is a veteran workshop leader offering seminars in leadership development, management development, communication skills, conflict resolution skills, and personal empowerment. He also provides organizational development services such as assessments, organizational redesign, team building, performance improvement, and process improvement.

### **Recent Assignments -**

- Assist a hospital unit of 40 nurses to reduce conflict, set goals, and improve patient care outcomes.
- Design and deliver a two-day leadership retreat for 45 executives of a large company.
- Deliver workshops to a community-based leadership development organization.
- Help resolve a workplace dispute between a manager and her direct reports.
- Assist the Human Resources manager of a 1600 employee company to develop and implement a leadership development program.
- Provide life coaching to a manager who is struggling with managing stress.

### **Education and Professional Affiliations**

- B.A. Social Sciences, Washington State University. (May 2009)
- Qualified Administrator of the Myers Briggs Type Indicator and the FIRO-B.
- Certified Trainer for Mediation Training Institute.
- Certified in Helping Others Succeed and Managing Personal Growth (Blessing/White).
- Certified in 7 Habits of Highly Effective People. (Covey)
- Master Trainer Certified, Development Dimensions International (DDI)

### **Contact Information**

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